



BEAVIS AND BUTT-HEAD™

Chicken Soup for the Butt

Advice from
two boys who
really need it

Created by
Mike Judge

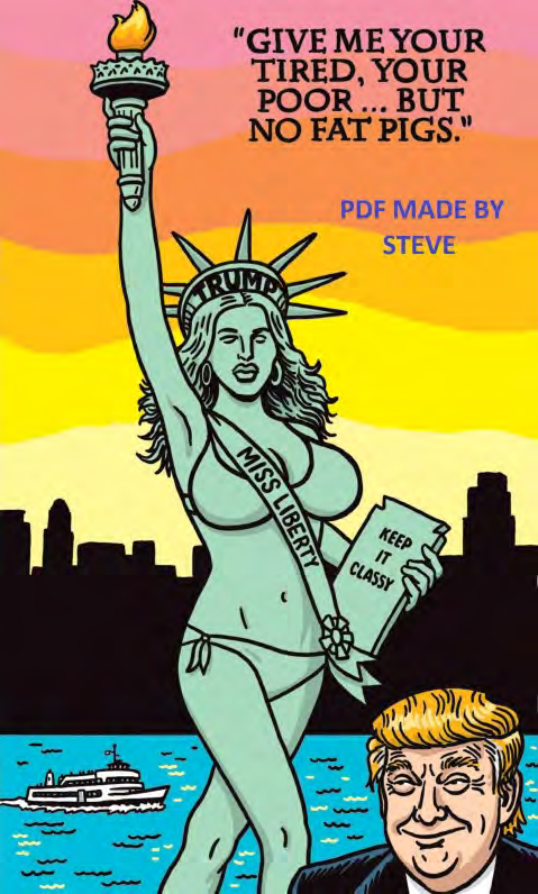
Written by
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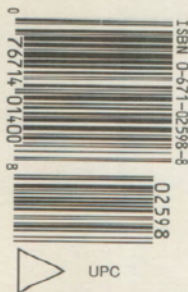
AS
SEEN ON
TV



"GIVE ME YOUR
TIRED, YOUR
POOR... BUT
NO FAT PIGS."

PDF MADE BY
STEVE





ANDY RHEINGOLD and SCOTT SONNEBORN met in the fourth grade in Boca Raton, Florida. They have written many episodes of *Beavis and Butt-Head* (including the last ever *Beavis and Butt-Head are Dead*), as well as pieces for *MAD Magazine*. Separately, Andy is a Writer for Nickelodeon where he has written episodes of *CatDog* and segments for *Kablam!* Scott is the Senior Writer on VH1's *Pop-Up Video*, which he joined after working as an editor at DC Comics.



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CREATED BY
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MTV BOOKS



POCKET BOOKS

Beavis and Butt-Head are not role models. They're not even human. They're cartoons. Some of the things they do would cause a real person to get hurt, expelled, arrested, possibly deported. To put it another way: don't try this at home.

Beavis and Butt-Head created by Mike Judge

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YOU NEED HELP!

UH HUH HUH, IF YOU NEED HELP, YOU NEED **CHICKEN SOUP FOR THE BUTT**.
DOES YOUR LIFE SUCK? THEN LIKE, READ OUR BOOK! CAN'T SCORE WITH CHICKS? READ OUR BOOK!
CAN'T READ? READ OUR BOOK! IT REALLY WORKS. UH, LIKE, GUARANTEED.

YEAH, HEH HEH. YOU KNOW, BUTT-HEAD, THAT'S PRETTY GOOD ADVICE. BUT I BET PEOPLE ARE
WONDERING WHY OUR BOOK IS CALLED **CHICKEN SOUP FOR THE BUTT**. WELL, I'LL TELL THEM.

WHEN PEOPLE FEEL BAD, THEY'RE SUPPOSED TO EAT CHICKEN SOUP OR SOMETHING
SO THEY CAN GET BETTER. NOW I DON'T KNOW ABOUT YOU,
BUT WHEN I FEEL BAD, MY BUTT HURTS.

THAT'S PROBABLY CUZ I KICKED YOUR ASS, DUMBASS.

OHYEAH, HEH HEH. LIKE, THAT'S WHAT **CHICKEN SOUP FOR THE BUTT** IS ALL ABOUT.
IF LIFE IS KICKING YOUR ASS, **CHICKEN SOUP FOR THE BUTT**
WILL MAKE YOUR BUTT FEEL BETTER.

YEAH, SO LIKE, READ OUR BOOK.



THE WORST THINGS IN LIFE ARE FREE

*Some people say, "the best things in life are free."
They're probably the same butteracks who also say
"buy one get one free" and yell "Freebird!" at concerts.*

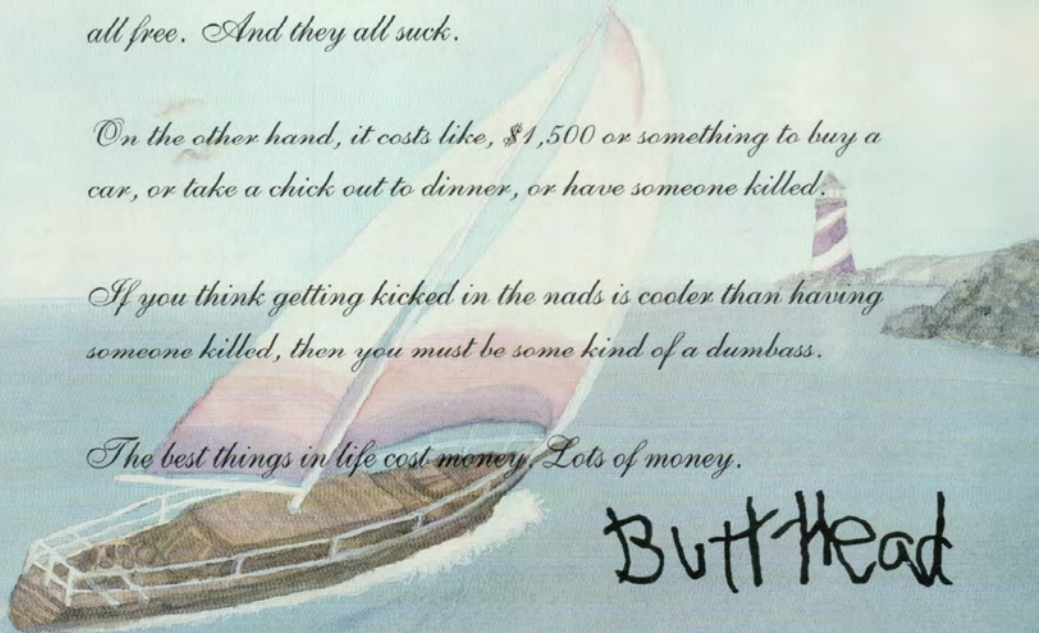
*A kick in the nads, school, Free Willy — those things are
all free. And they all suck.*

*On the other hand, it costs like, \$1,500 or something to buy a
car, or take a chick out to dinner, or have someone killed.*

*If you think getting kicked in the nads is cooler than having
someone killed, then you must be some kind of a dumbass.*

The best things in life cost money. Lots of money.

Butthead



SAY SOMETHING NICE TO EVERYONE YOU SEE TODAY



PERSONALITY TEST



THE SCHOOL COUNSELOR MADE ME TAKE ONE OF THOSE PERSONALITY TESTS. IT HAD A BUNCHA QUESTIONS ABOUT FEELINGS AND CRAP. THE COUNSELOR GUY SAID IF I PASSED IT, I WOULDN'T HAVE TO GO TO HIGHLAND HIGH ANYMORE. I'D GET TO GO TO THIS INSTITUTE. I THINK THAT'S LIKE COLLEGE OR SOMETHING.

BUT HIS TEST SUCKED, CUZ LIKE, I'M STILL AT HIGHLAND. SO I DECIDED TO MAKE UP MY OWN PERSONALITY TEST WITH LIKE, BETTER QUESTIONS.

Directions: Answer every question with a #2 pencil. Huh huh huh number 2.

You see a squashed bug on the road. Do you...

- A. step on it
- B. eat it
- C. make Beavis eat it

Pick the band that sucks:

- A. Gwar
- B. Metallica
- C. some crappy band from England

It's better to be pissed off, than...

- A. pissed on
- B. pissed in
- C. angry

If you see a naked chick, you...

- A. do her
- B. do her again
- C. all of the above

Prison is...

- A. pretty cool
- B. like jail
- C. where Beavis goes to try to find his dad

Have you ever seen...

- A. two monkeys doing it
- B. a dead snake
- C. that episode of The Newlywed Game where they did it "in the butt."

If you have no money do you...

- A. get a job
- B. dig for change in the couch
- C. tell Beavis you're gonna kick his ass unless he gives you five bucks

Fill in the blanks:

_____ gives me a stiffy.

Explosions are to _____

as blowing stuff up is to _____.

This chick takes off her shirt and I'm like, "hey baby," and she comes over to me, and we start, you know, doin' it. So I'm doin' her and she's doin' me and then like, we're done doin' it. So I turn on the TV and watch _____.

How do you think this dude feels?



SCORE

Uh huh huh, this is how you score. Give yourself one point for every right answer and like, no points for all the wrong answers. Then add up your points.

- 1-5 No Personality
- 6-7 Borderline Personality (someone who like, lives near the border)
- 8 Beavis-type Personality (wuss)
- 9 Getting Cooler-type Personality
- 10 Butt-Head-type Personality (cool)

INKBLOTS



THERE'S THIS TEST THAT THIS DUDE HORSHACH
CAME UP WITH. YOU'RE SUPPOSED TO, LIKE, LOOK
AT DRAWINGS AND FIGURE OUT WHAT THEY ARE.
WHAT YOU THINK THEY ARE TELLS YOU, LIKE,
WHAT'S ON YOUR MIND.



HUH HUH HUH. I SAW THIS IN
A MOVIE ONCE. THEN I LIKE
REWOUND THE VIDEOTAPE
AND LIKE WATCHED IT AGAIN.



I LIKE, SEE THIS DUDE, AND
HE'S LIKE, REALLY PISSED
OFF BECAUSE HE NEVER
GETS TO SCORE. HE'S
ALWAYS TRYING TO SCORE AND
USE HIS SCHLONG AND HE'S
ALWAYS THINKING, "WHEN I AM I
GONNA GET SOME? I WANT
SOME!" BUT HE NEVER GETS ANY!
DAMMIT! IT'S NOT FAIR!
IT'S NOT FAIR! AH-HHH!!!



THIS ONE SUCKS.



YEAH REALLY.
THIS DUDE
SHOULD LEARN
HOW TO DRAW.

BEAVIS, WHAT THE HELL ARE
YOU TALKING ABOUT?

UM, OH YEAH, UM, THAT'S A
GOOD DRAWING.



THAT LOOKS
LIKE ONE OF
THOSE BUTTERFLY BUGS.



OH YEAH.
I PULLED THE
WINGS OFF A
BUTTERFLY
BUG ONCE. HEH HEH,
THEN IT WAS JUST LIKE,
THE "BUTT" PART OF
THE BUG.



HUH HUH, HEAD.
HUH HUH.



YEAH, IT LOOKS
LIKE THAT
PINOCCHIO
BUTTKNOCKER.
HE'S GOT A STIFFY ON
HIS FACE.

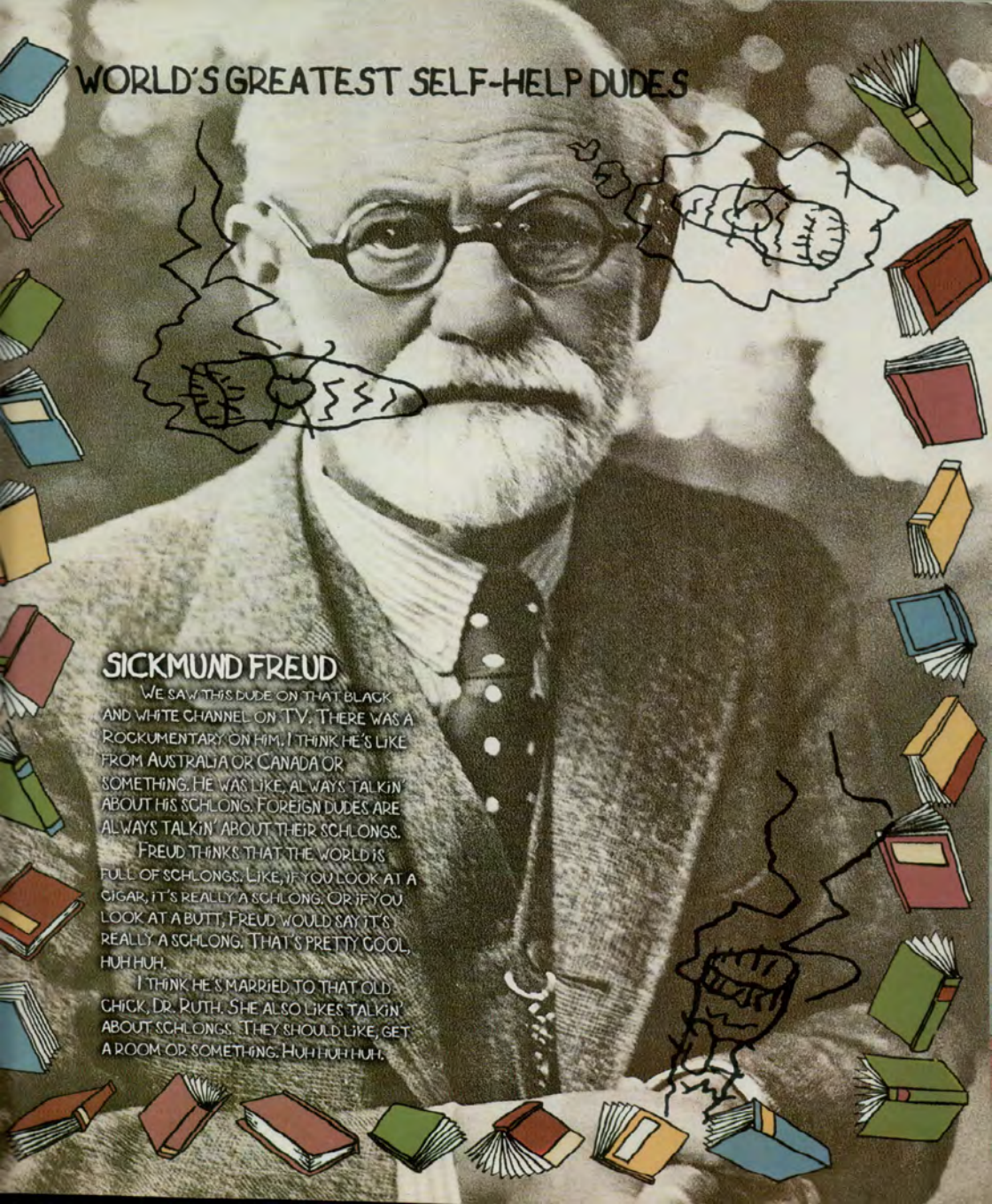
WORLD'S GREATEST SELF-HELP DUDES

SICKMUND FREUD

WE SAW THIS DUDE ON THAT BLACK AND WHITE CHANNEL ON TV. THERE WAS A ROCKUMENTARY ON HIM. I THINK HE'S LIKE FROM AUSTRALIA OR CANADA OR SOMETHING. HE WAS LIKE, ALWAYS TALKIN' ABOUT HIS SCHLONG. FOREIGN DUDES ARE ALWAYS TALKIN' ABOUT THEIR SCHLONGS.

FREUD THINKS THAT THE WORLD IS FULL OF SCHLONGS. LIKE, IF YOU LOOK AT A GIGAR, IT'S REALLY A SCHLONG. OR IF YOU LOOK AT A BUTT, FREUD WOULD SAY IT'S REALLY A SCHLONG. THAT'S PRETTY COOL, HUH HUH.

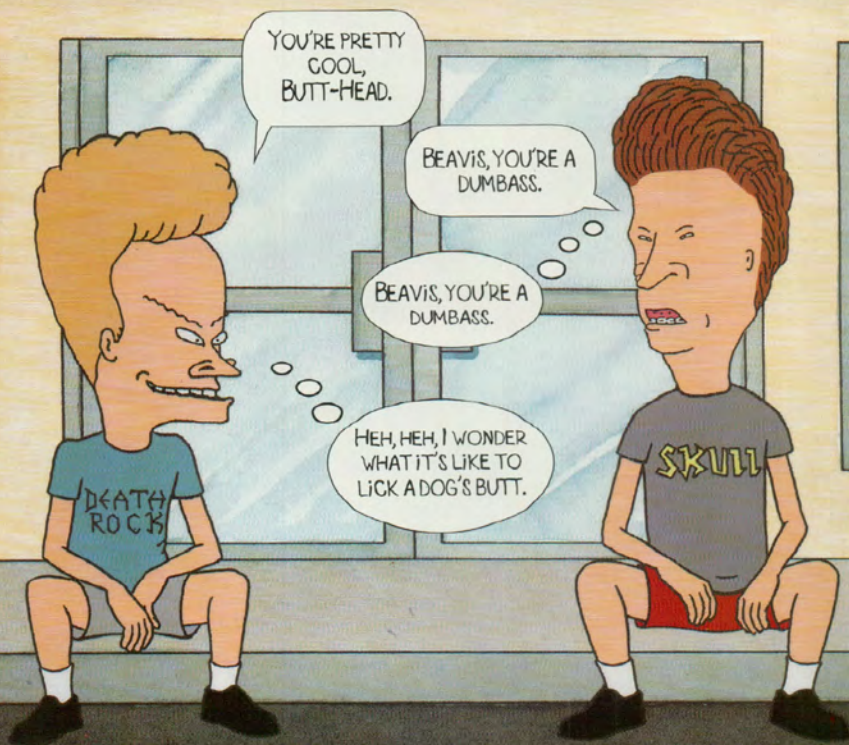
I THINK HE'S MARRIED TO THAT OLD CHICK, DR. RUTH. SHE ALSO LIKES TALKIN' ABOUT SCHLONGS. THEY SHOULD LIKE, GET A ROOM OR SOMETHING. HUH HUH HUH.



HE SAID, HE SAID

Communication is at the center of every relationship, but people don't always say what they mean. So remember: the next time you engage in conversation, what you're hearing may not be exactly what's going on inside the other person's head. * * *

MAXI MART



8 SIGNS YOU'RE IN AN ABUSIVE RELATIONSHIP

1. Name-calling

Taunting instead of talking

2. Condescension

Treating a partner as less than equal

3. Projection

One partner projects his own inadequacies on the other

8. Passivity

Yielding to a partner's every desire

GIMME THE
REMOTE CONTROL,
ASSWIPE!

WHAT A WUSS.

DAMMIT! I'M GONNA
GO WATCH
STEWART'S TV.

4. Unfaithfulness

Seeking comfort outside the relationship instead of within it

GET OFF.
I CAN'T
BREATHE!

WHAT A WUSS.
YOU'RE NEVER
GONNA SCORE.

7. Dependency

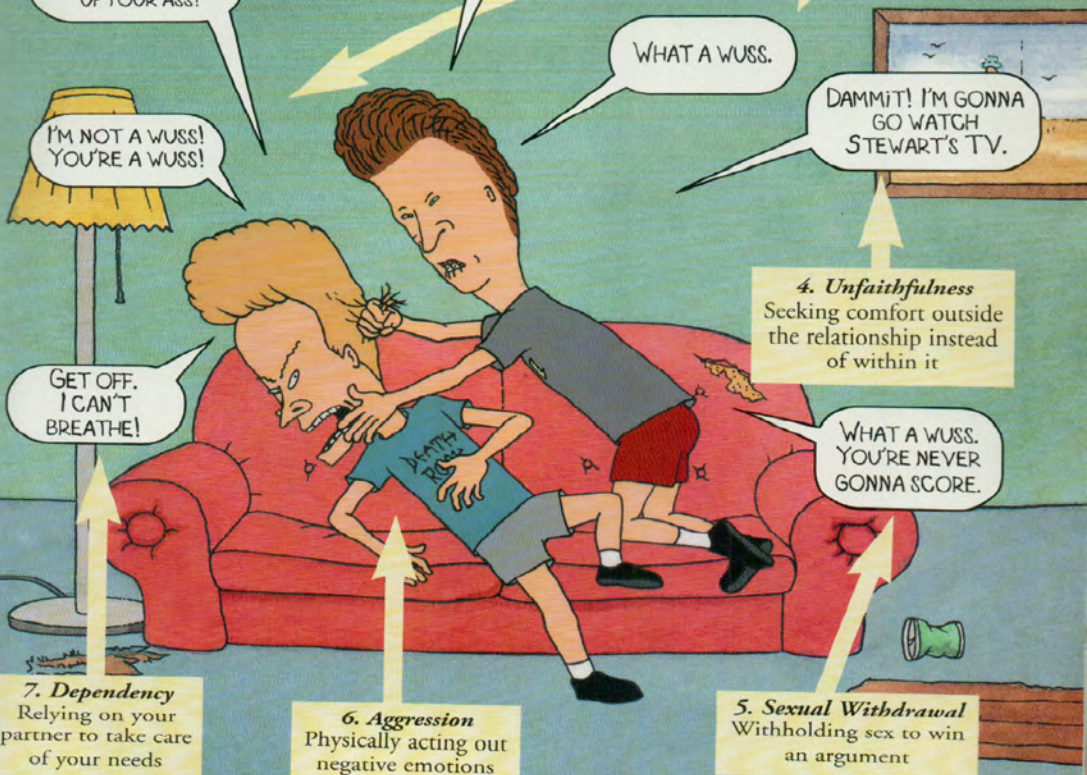
Relying on your partner to take care of your needs

6. Aggression

Physically acting out negative emotions

5. Sexual Withdrawal

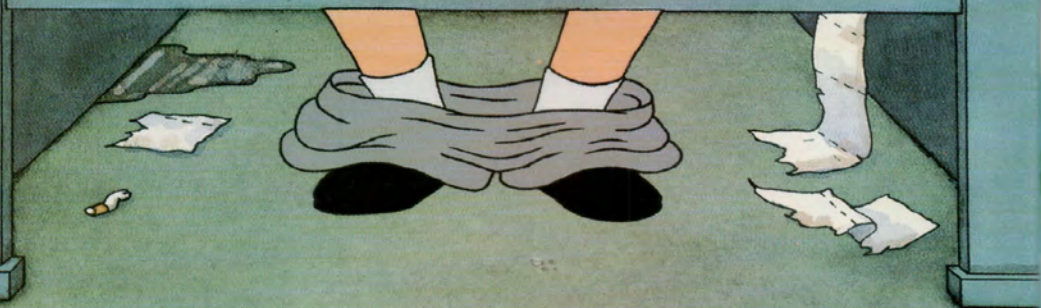
Withholding sex to win an argument



GET IN TOUCH WITH YOURSELF



BEAVIS IS THE MASTER, HUH HUH, OF LIKE, FEELING HIS INNER CHILD, HUH HUH.



HEH HEH, YEAH. UM, SIT BACK, RELAX. TAKE A FEW DEEP BREATHS. SAY SOMETHING TO SET THE MOOD: "HEY, HOW'S IT GOING? WHERE YOU FROM, SOLDIER? I'M GONNA HAFTA ASK YOU TO STAND UP STRAIGHT." THERE'S NEVER A WRONG TIME OR PLACE TO SALUTE THE CAPTAIN, IF YOU KNOW WHAT I MEAN, HEH HEH HEH. AND UM, IF SOMEONE TELLS YOU TO STOP, IT MEANS THEY DON'T LOVE THEMSELVES OR SOMETHING. HEH HEH HEH. UMM, I NEED TO BE BY MYSELF FOR A WHILE. I'LL HAFTA ASK YOU TO TURN THE PAGE NOW. OOOHHH, AAHHH, DO ME, OHHHYEAHHHH...

LETTER TO THE WORLD



Dear World,

Hey. How's it going? It must suck to be you. You've like, got all these dillweeds standing on top of you. Beavis stood on top of me once. That sucked.

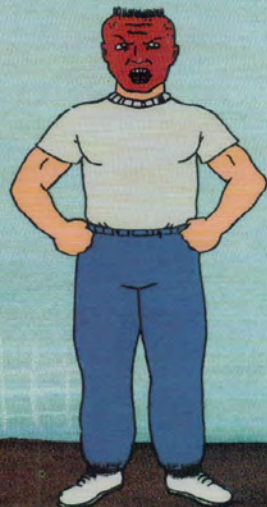
You've also, like, got all this crap growing out of you, like trees and wood and stuff like that. I've got wood growing out of me too, huh huh huh.

So uh, world, I guess we're, like, the same or something. Except I'm not covered with foreigners.

Butt Head

WISDOM OF THE ELDERS

SOME GUY ONCE SAID THAT OLD PEOPLE KNOW A LOT OF STUFF.
YEAH, HEH HEH. IT WAS PROBABLY SOME OLD GUY WHO SAID THAT.
SO LIKE, WE ASKED SOME OLD PEOPLE TO LIKE, TELL US SOMETHING.



COACH BUZZCUT TOLD US ABOUT WAR OR SOMETHING.

LISTEN UP MAGGOTS, BECAUSE I'M ONLY
GOING TO TELL YOU THIS ONCE! IN THE
MILITARY, I LEARNED 5 SIMPLE RULES.
I LIVE BY THESE RULES EVERY DAY:

PAIN DOESN'T HURT.
NEVER DEFECCATE WHERE YOU EAT.
ALWAYS WASH BELOW THE JIMMY.
THERE'S NO SUCH THING AS SAFE SEX
IN THAILAND.
IF YOUR FRIENDS HAVE GUNS,
MAKE SURE YOU HAVE A GUN, TOO.

MR. VAN DRIESSEN GAVE US THIS
CRAPPY POEM HE WROTE. I THINK IT'S,
LIKE, A LOVE POEM.



Give the World a Hug

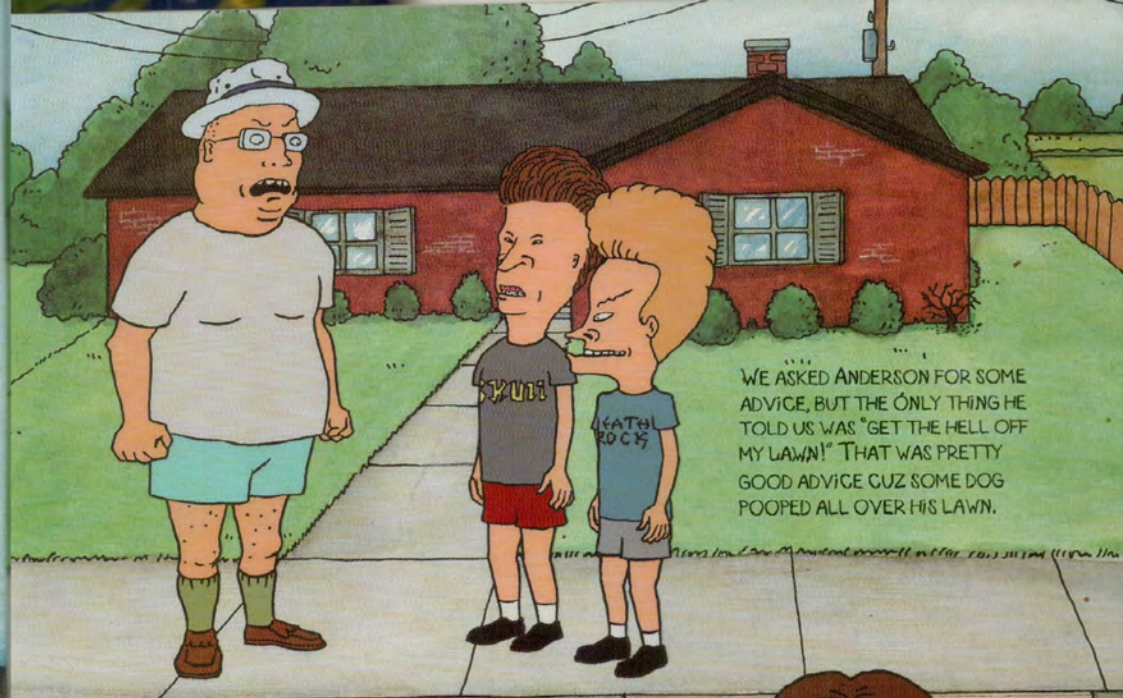
If I could speak to every lug,
To say, "Robber, don't you mug,
Cynic, don't you stung,
Smiler, don't you blug,
Just give the World a Hug.

Open your arms and your heart,
Hug a stranger, do your part.
You can't stop once you start,
Just be careful behind Maxi-Mart.

A frightened boy lost in the mall,
A lonely man in a bathroom stall,
Fishing mislaid, just one ball,
A hug can cure them all.

Giving hugs gives back to you
The kind of love Greek men once knew
A hug can reach the many and
Robbers, cynics, and drinkers
too.

So measure your compassion
With a hug for another man.
You'll be following the plan
Of every sensitive loving
American.



WE ASKED ANDERSON FOR SOME
ADVICE, BUT THE ONLY THING HE
TOLD US WAS "GET THE HELL OFF
MY LAWN!" THAT WAS PRETTY
GOOD ADVICE CUZ SOME DOG
POOPED ALL OVER HIS LAWN.

THE CLERK GUY AT THE MAXI-MART WAS LIKE THE SMARTEST
OF THEM ALL. HE TOLD US...

YOU CAN'T MAKE CHANGE WITHOUT BREAKING A DOLLAR.

YOU OPEN IT, YOU BUY IT.

NOTHING IN LIFE IS FREE, BUT IF IT FALLS ON THE
FLOOR IT'S 50% OFF.

A COLLEGE DEGREE NEVER GOT ANYBODY WHERE
I AM TODAY.

ALWAYS KEEP A LOADED WEAPON
IN THE REGISTER.

IF YOU'RE GONNA PEE,
RETURN THE KEY.



ASK BEAVIS AND BUTT-HEAD

BEAVIS AND I WEREN'T ALWAYS BIG TIME SELF-HELP AUTHORS. WE HAD TO START OUT SMALL, GIVING ADVICE TO DUMBASSES IN THE HIGHLAND HIGH SCHOOL PAPER. IT WAS PRETTY COOL UNTIL WE HAD TO STOP, CUZ ONE OF OUR READERS FOLLOWED OUR ADVICE AND ACCIDENTALLY GLUED HIS HANDS TO HIS NADS.

DEAR BEAVIS AND BUTT-HEAD: My parents recently divorced. I feel that somehow it's all my fault. I'm consumed with loneliness, feelings of abandonment, and guilt. How can I overcome my depression?

FEELING GUILTY



Ask Beavis
and Butt-Head

DEAR GUILTY: I understand your feelings and stuff. I felt the same way when Guns N' Roses broke up. I could still see Axel and Izzy, you know, but uh, not together. Sometimes I, like, feel it's all my fault because I didn't buy their last album.

My advice: check out White Zombie. They're a lot cooler than GnR ever were.

BUTT-HEAD

DEAR BEAVIS AND BUTT-HEAD: My kid brother Jimmy's pet gerbil just died. How do I tell Jimmy that Fluffy is gone?

CONCERNED SIS

DEAR SIS: Sometimes stuff like this is hard to talk about. So it's better to show it. Take Fluffy and put him in the street. Let Jimmy see how Fluffy doesn't move — even when a truck runs over him and squashes him into a million pieces. That'd be cool.

BUTT-HEAD

DEAR BEAVIS AND BUTT-HEAD: My best friend just starting dating this guy, and now I never see her. What should I do? I feel all alone now.

LONELY AND VULNERABLE

DEAR LONELY AND VULNERABLE: Uh, I have no idea what the hell you're talking about, cuz my best friend is Beavis. Like that could never happen to me, cuz Beavis is never gonna score with anybody.

HIGHLAND HIGH RECORD

13

Shut up, fartknocker! You're ruining my chances with this chick. She's like, horny and vulnerable and stuff. I was gonna tell her to come over and do it with me.

Uh huh huh huh yeah, that's a good idea. But my advice is for her to do Big Daddy Butt-Head, not Beavis.

BEAVIS AND BUTT-HEAD

DEAR BEAVIS: I think this might be the end. I failed math. My girlfriend dumped me and I can't remember my locker combination. Now they tell me they are going to cancel *Moesha*. I'm at the end of my rope. Help.

SUICIDAL IN HIGHLAND

DEAR SUICIDAL: Um, I'm sorry but I'm just not in the mood to hear about your problems right now. Butt-Head ruined my chance to do it with that horny and vulnerable chick. He's a fartknocker!

BEAVIS

DEAR BEAVIS: Uh, huh huh, you should let Butt-Head do more of the talking. His advice is much cooler. You suck. Also you should give him three dollars like he told you to this morning.

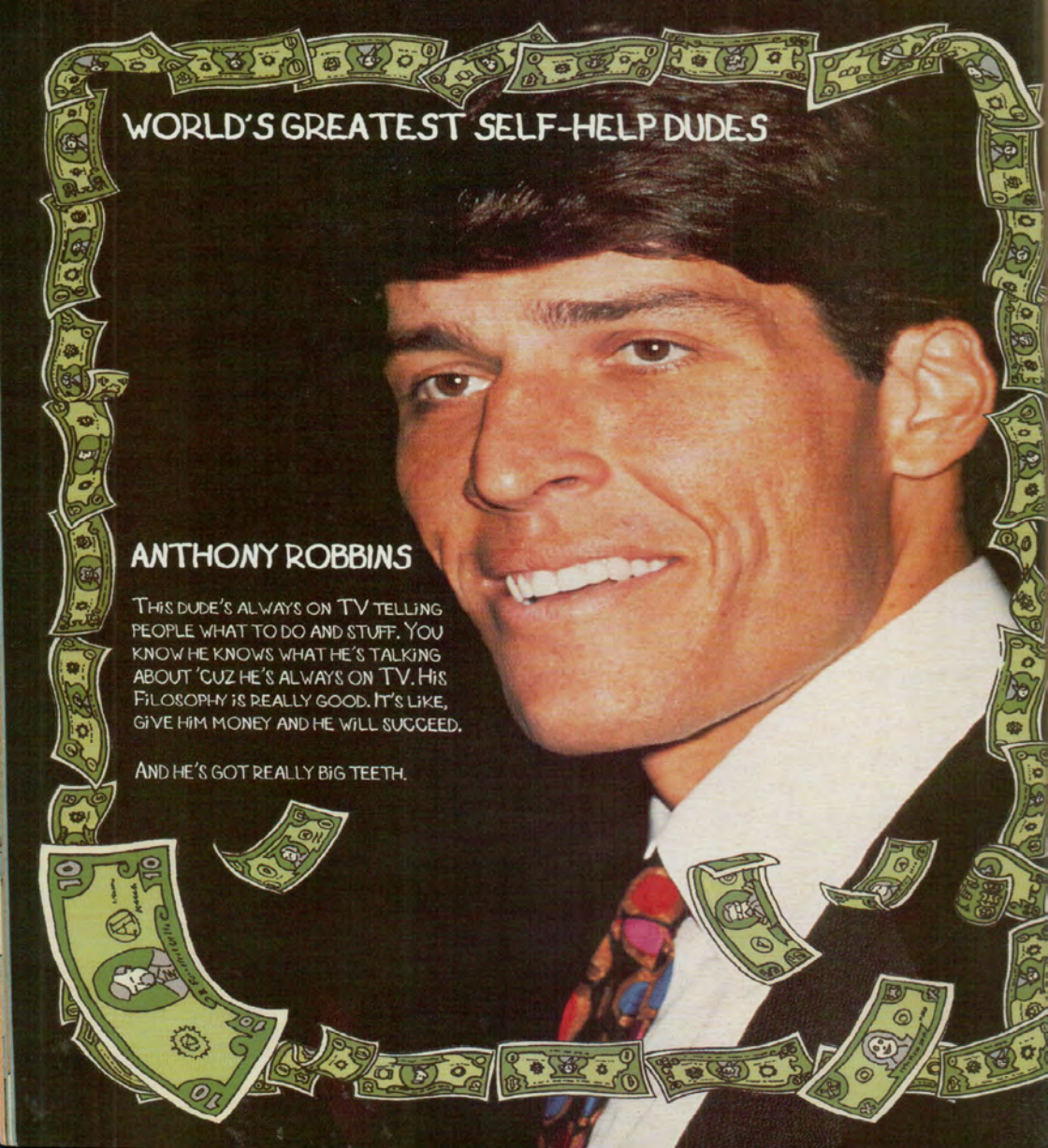
ANONYMOUS

DEAR ANONYMOUS: That's really weird. Like, how did you know that Butt-Head asked me for...Oh, wait a second. Butt-Head? Butt-Head, is that you?

BEAVIS

DEAR BEAVIS: Dumbass.

BUTT-HEAD



WORLD'S GREATEST SELF-HELP DUDES

ANTHONY ROBBINS

THIS DUDE'S ALWAYS ON TV TELLING PEOPLE WHAT TO DO AND STUFF. YOU KNOW HE KNOWS WHAT HE'S TALKING ABOUT 'CUZ HE'S ALWAYS ON TV. HIS PHILOSOPHY IS REALLY GOOD. IT'S LIKE, GIVE HIM MONEY AND HE WILL SUCCEED.

AND HE'S GOT REALLY BIG TEETH.

CREATE YOUR OWN PHILOSOPHY

SELF-HELP DUDES ALWAYS HAVE NEW IDEAS ABOUT HOW TO THINK AND LIVE YOUR LIFE. SO LIKE, SELF-HELP YOURSELF BY PICKING SOME WORDS FROM THE LEFT COLUMN AND MATCHING THEM WITH A WORD FROM THE RIGHT.

The best things in life are...

A bird in the hand is...

A penny saved...

Waste not, want...

A stitch in time saves...

Do unto others as you would...

The grass is always greener on...

The golden rule is...

Easy come, easy...

Birds of a feather...

Beggars can't be...

Idle hands make...

Better to have loved than to...

nads

boobs

sucks

t. p.

underwear

wipe

the butt

pee

Ho

pull my finger

Metallica

poop

poop

THE GREAT RELIGIONS OF THE WORLD

BEFORE THERE WAS SELF-HELP, PEOPLE LIKE, HAD TO USE RELIGIONS TO GET HELP WHEN LIFE SUCKED. THERE ARE STILL A COUPLE OF RELIGIONS AROUND TODAY, BUT PEOPLE DON'T USE THEM VERY MUCH. MAYBE RELIGIOUS DUDES SHOULD LIKE, MAKE SOME INFOMERCIALS.



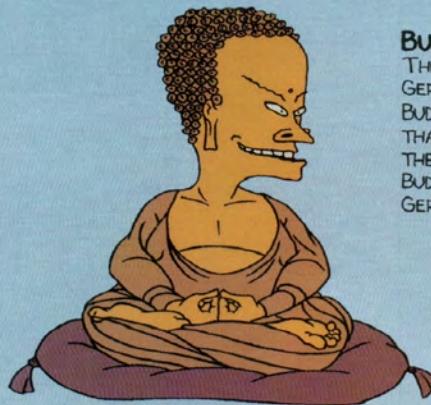
CHRISTIANITY

THE MOST POPULAR RELIGION. IT WAS STARTED BY THIS DUDE CHRIS, A REALLY LONG TIME AGO. LIKE 1940 OR SOMETHING. CHRIS LIKE, CHOPPED DOWN A TREE AND PUT IT IN HIS HOUSE. AND THEN HE DECORATED IT. PEOPLE THOUGHT HE WAS A DUMBASS. BUT THEN LIKE, CHRIS FOUND A BUNCH OF PRESENTS UNDER HIS TREE. SO, LIKE, EVERYBODY THOUGHT HE WAS COOL.



JUDAISM

THE RELIGION OF DADS. IN INDEPENDENCE DAY, THAT DAD IS JEWISH. OR LIKE, ON MAD ABOUT YOU, THAT DAD IS JEWISH. JEWISH DADS SAY THINGS IN A COOL ACCENT LIKE, "OY, MY BACK HURTS." AND THEY LIKE TO PLAY CATCH AND GO FISHIN' AND PLAY WITH THEIR MATZO BALLS. BEAVIS IS STILL HOPING TO FIND HIS JEWISH DAD.



BUDDHISM

THE RELIGION OF PEOPLE WHO WORSHIP RICHARD GERE. MOST FAMOUS ACTORS AND ROCK STARS ARE BUDDHISTS, LIKE MICHAEL STIPE, STEVEN SEAGAL, AND THAT DOLLY LAMA CHICK. "BUDDHISM" COMES FROM THE FOREIGN WORD "BUDD" WHICH MEANS "BUTT." BUDDHISTS WORSHIP THE BUTT. THAT'S WHY RICHARD GERE SHOWS HIS BUTT IN ALL THE MOVIES HE'S IN.



THE FORCE

THE RELIGION OF PEOPLE ON OTHER PLANETS. IF YOU USE THE FORCE, YOU CAN LIKE, MOVE STUFF WITH YOUR MIND. YOU IMAGINE A REALLY SEXY CHICK, AND YOUR MIND LIKE, MAKES YOUR WIENER MOVE. PEOPLE ON OTHER PLANETS ARE COOL.



MEXICAN

THE RELIGION SOUTH OF THE BORDER. THIS IS THE RELIGION OF NACHOS AND CHIMICHANGAS. A LOT OF PEOPLE BELIEVE NACHOS ARE BAD FOR YOU, BUT NOT ME AND BEAVIS. I GUESS WE'RE PROBABLY MEXICANS, CUZ WE BELIEVE IN NACHOS.

ROLE-PLAYING EXERCISE

GET TO KNOW THE PEOPLE AROUND YOU BY, UH, THINKING ABOUT WHAT IT WOULD BE LIKE TO BE THEM.



UH, IT MUST SUCK TO BE BEAVIS. I DON'T HAVE ANYTHING COOL TO SAY. I LOOK REALLY STUPID AND I'M NEVER GONNA SCORE. IT'S A GOOD THING I HANG OUT WITH BUTT-HEAD. HE'S REALLY COOL. BUTT-HEAD PROBABLY SCORES ALL THE TIME. I WISH I WAS BUTT-HEAD.

UM, HI, I'M UM, BEAVIS. UM, NO, UM, I'M LIKE BUTT-HEAD OR SOMETHING.

MEN ARE FROM MARS, WOMEN ARE FROM URANUS



LIKE, IF YOU HAVEN'T NOTICED, CHICKS ARE DIFFERENT FROM DUDES.



HEH HEH, YEAH, YEAH. THEY'VE GOT THINGEES AND BOOBS AND BUTTS AND...



SHUT UP, DILLWEED. I'M TALKING ABOUT HOW CHICKS THINK DIFFERENTLY. YOU KNOW, LIKE, HOW THEY LIKE HORSES AND BON JOVI AND CRAP LIKE THAT. HERE'S SOME OTHER THINGS ABOUT CHICKS THAT DUDES JUST DON'T UNDERSTAND.



1) CHICKS ARE ALWAYS WEARING SHIRTS. DON'T THEY KNOW THEY HAVE BOOBS?



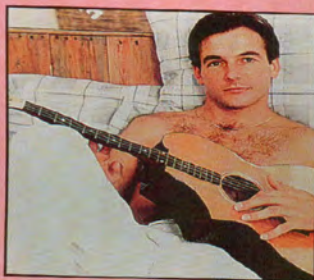
2) I HEAR CHICKS DON'T KNOW HOW TO PEE STANDING UP. BEAVIS LEARNED HOW TO DO THAT WHEN HE WAS 12.



3) CHICKS' PERFUME SMELLS LIKE FLOWERS AND CRAP. IF THEY WANT TO SMELL GOOD FOR US DUDES, THEY SHOULD RUB SOMETHING THAT SMELLS GOOD UNDER THEIR ARMS. LIKE PIZZA.



4) CHICKS ARE WUSSES. THEY'RE LIKE, SCARED OF BEAVIS.

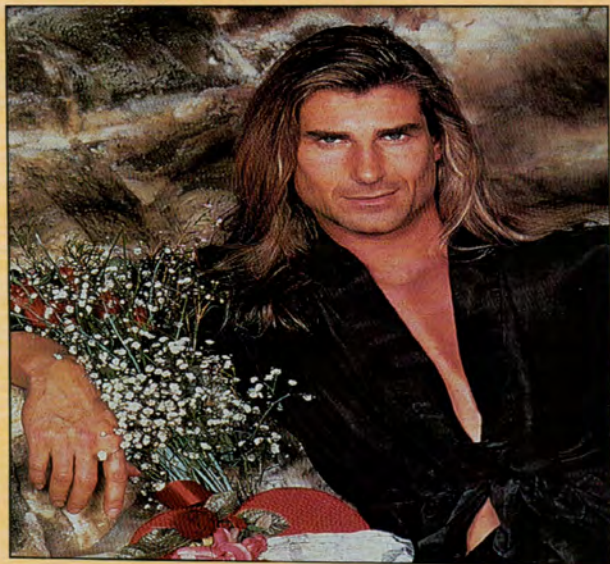


5) CHICKS THINK DUDES THEY'VE NEVER MET ARE SEXY. THERE'S A LOT OF CHICKS AT SCHOOL ME AND BEAVIS HAVE NEVER MET. THEY MUST THINK WE'RE LIKE, REAL HOT.



6) CHICKS CAN READ YOUR THOUGHTS. LIKE THE TIME I WAS IN THE MALL AND I WAS JUST LOOKING AT THIS CHICK AND THINKING, "MMMM, YEAH, I'D DO HER." AND SHE CAME UP TO ME AND SAID, "DON'T EVEN THINK IT."

PEOPLE IN SERIOUS NEED OF SELF HELP

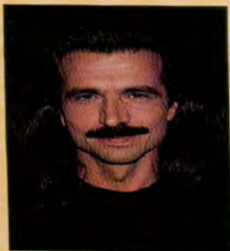


(1) FLABBY-O

HE'S GOT THE BODY OF A DUDE AND THE HAIR OF A CHICK. I THINK HE'S LIKE ONE OF THOSE TRANSYLVANIANS OR SOMETHING. ANY NORMAL DUDE WOULD DEFINITELY CHOOSE TO HAVE THE BODY OF A CHICK. YOU CAN ALWAYS SHAVE OFF THE HAIR.

(3) YAWN!

HE TRIES TO HAVE HEAVY METAL HAIR, BUT HE LOOKS LIKE A WUSS. I THINK HIS NAME IS ITALIAN FOR "BORING."



(4) O.J.

HE GOT FAMOUS FOR DRIVING THAT WHITE TRUCK AND MAKING THAT JUICE. BUT EVEN THOUGH HE'S A FAMOUS DUDE, HE'S STILL NOT GOOD WITH CHICKS.



(2) DIONNE WARWICK

SHE'S LIKE, ALWAYS ON TV TELLING PEOPLE TO CALL THE PSYCHOTIC NETWORK. SHE SAYS SHE CAN LIKE TELL YOUR FUTURE AND STUFF. SO, BEAVIS AND I CALLED HER ONCE AND SHE TOLD US WE HAD TO PAY HER \$3.75 A MINUTE. HUH HUH. BUT THAT DIDN'T COME TRUE.



(5) MR. ROGERS

HE ALWAYS WEARS A SWEATER. IF HE WERE COOL HE'D WEAR A WINDBREAKER, LIKE ON COPS. THAT'D BE COOL. HE COULD GET ON THE RADIO AND SAY TO THE OTHER COPS, "UH, 10-4. ROGER, MR. ROGERS."



(7) BUS DRIVERS

THEY'RE ALWAYS TAKING YOU PLACES YOU DON'T WANNA GO — LIKE SCHOOL — EVEN IF YOU ASK THEM TO TAKE YOU PLACES YOU WANNA GO, LIKE SWEDEN. THEY JUST DON'T LISTEN.



(6) CONAN

HE'S SUPPOSED TO BE THIS TOUGH BARBARIAN DUDE, BUT ALL HE DOES ON HIS SHOW IS SIT AROUND IN A SUIT AND TIE AND TALK LIKE A WUSS. HE NEEDS TO BE MORE LIKE XENA AND WEAR ANIMAL SKINS, AND LIKE, PICK A FIGHT WITH ALL THE PEOPLE WHO COME ON HIS SHOW.

(8) PEOPLE WHO BUY SELF-HELP BOOKS

LOOK IN THE MIRROR, DUMBASS. HUH HUH HUH.



ROLE MODELS

VAN DRIESSEN SAYS IT'S LIKE IMPORTANT TO FIND PEOPLE YOU LOOK UP TO. BEAVIS AND I ONCE LOOKED UP THIS CHICK'S SKIRT. HUH HUH HUH. THAT WAS COOL.

BEAVIS' ROLE MODELS:

CONNIE CHUNG

SHE LIKE, CALLED NEWT GINGRICH'S MOM A BITCH. THAT WAS PRETTY FUNNY, CUZ SHE LIKE, SAID THE WORD "BITCH" ON TV.



REAL DRUNK AND THE COPS HAD TO USE THE TASER. BUT THIS DUDE WOULDN'T TAKE ANY LIP FROM THE COPS, EVEN WHEN THEY BEAT THE CRAP OUTTA HIM AND THREW HIM IN JAIL.



GROVER CLEVELAND

HE'S THIS BLUE PUPPET ON PUBLIC TV THAT TELLS LITTLE KIDS HOW TO COUNT AND TO QUIT TAKING DRUGS. AND, HE DOES A GOOD JOB CUZ YOU LIKE NEVER SEE LITTLE BABIES BUYING DRUGS.



DRUMMER FOR DEF LEPPARD

AFTER HE LOST HIS ARM, HE HAD TO LEARN HOW TO DO EVERYTHING WITH JUST ONE HAND. LIKE, HAVING TO USE ONE HAND CAN MAKE THINGS HARD, HEH HEH, IF YOU KNOW WHAT I MEAN. HE'S BRAVE. HEH HEH HEH.

THAT GUY WITH THE BLURRY FACE AND NO SHIRT

HE WAS IN THE COPS EPISODE FILMED LIVE WITH THE MEN AND WOMEN OF BIG BUTTE, MONTANA. HEH HEH, BUTTE. THIS GUY GOT



MADONNA'S DAUGHTER, LORD

I DON'T KNOW WHAT'S SO COOL ABOUT MADONNA'S KID, BUT PEOPLE ARE ALWAYS PRAISING LORD.

BUTT-HEAD'S LIST OF ROLL MODELS.

THESE ARE MODELS I'D LIKE TO ROLL AROUND WITH,
IF YOU KNOW WHAT I MEAN:



TYRA BANKS

CINDY CRAWFORD

XENA

THAT FOOT MODEL FROM NEWSPAPER ADS

ALL THREE FRIENDS CHICKS

ALL THE BRADY BUNCH CHICKS - EXCEPT ALICE

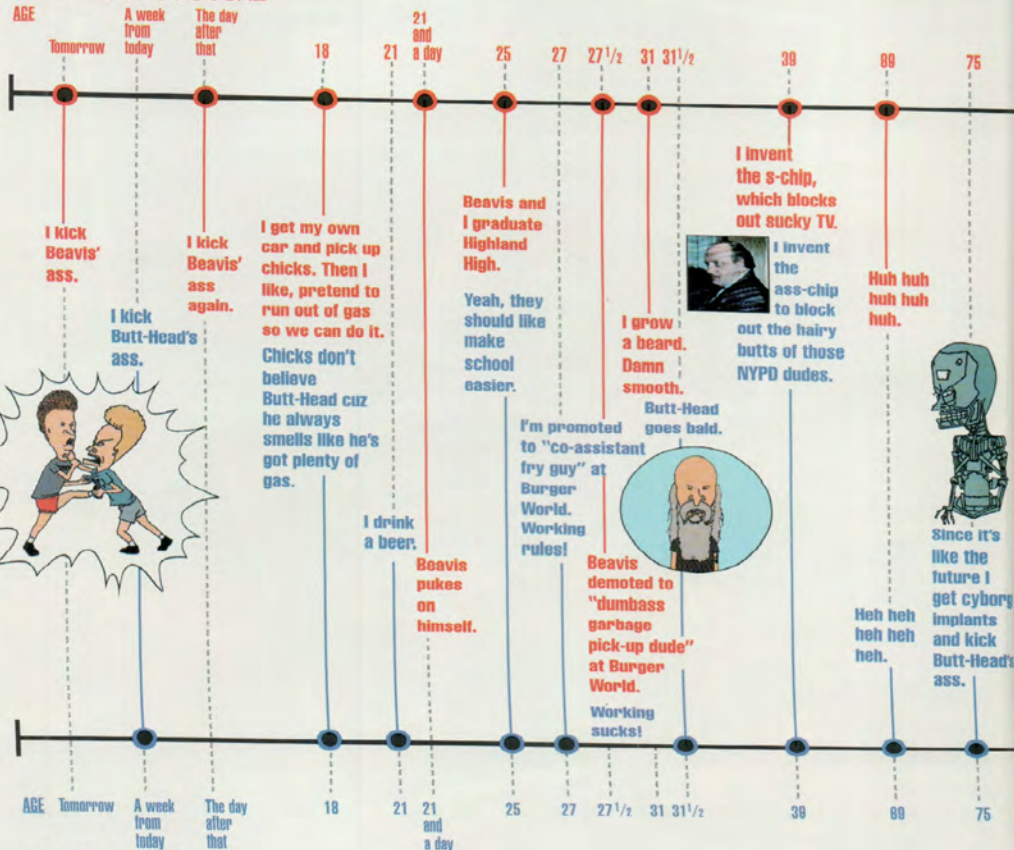
ANY CHICK WHO'S EVER BEEN NAKED IN A MAGAZINE

ANY CHICK WHO'S EVER BEEN IN A MAGAZINE

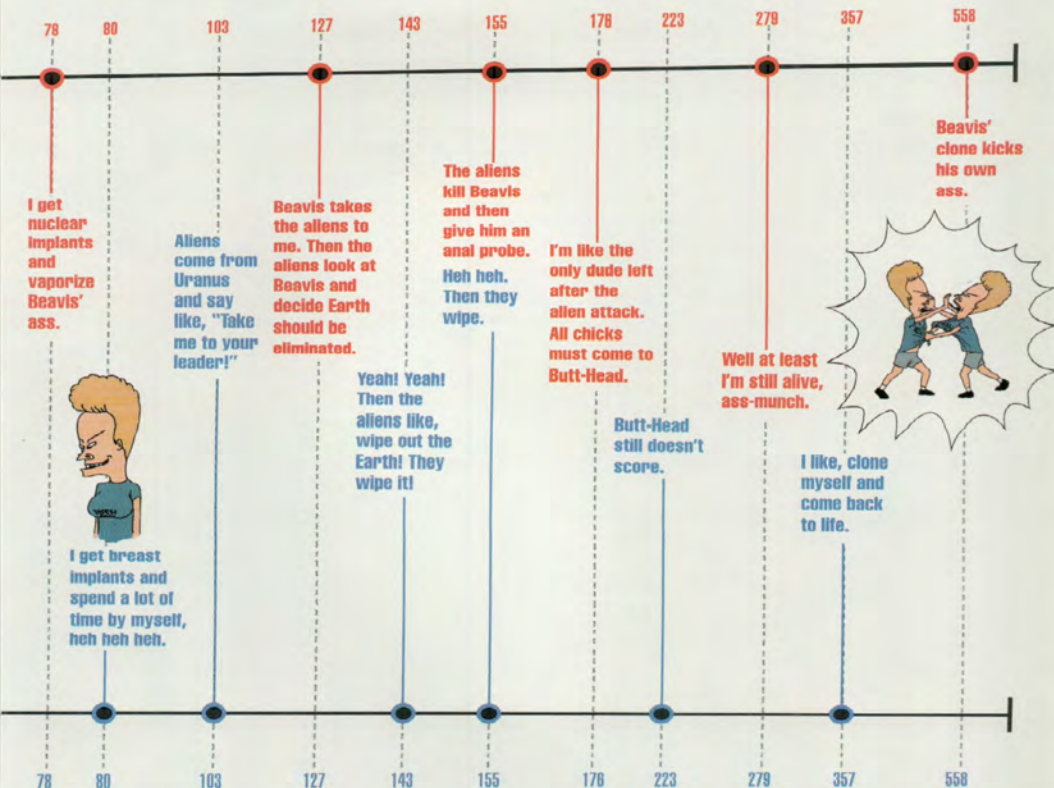
ENVISION YOUR FUTURE

BEFORE YOU CAN GO FORWARD WITH YOUR LIFE IT'S IMPORTANT TO SIT BACK AND IMAGINE WHAT YOUR FUTURE WILL BE.

BUTT-HEAD'S FUTURE

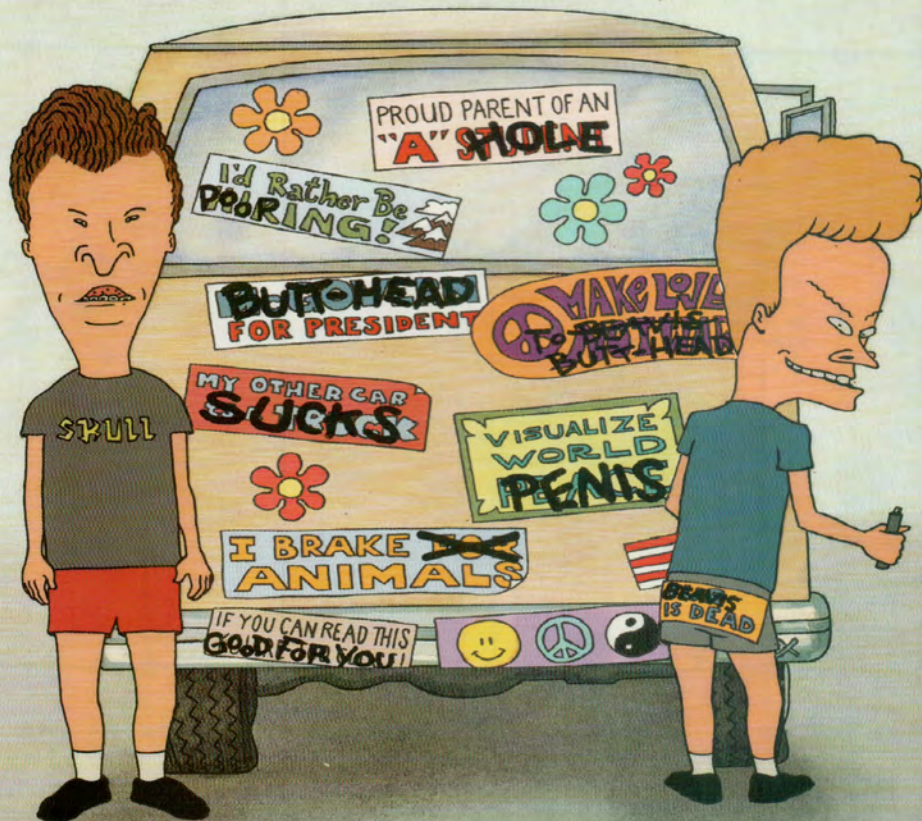


BEAVIS' FUTURE



LIFE LESSONS FROM THE ROAD

DUMBASSES WHO DRIVE LIKE TO PUT STUPID STICKERS ON THEIR CARS.
THESE STICKERS TELL YOU STUFF THAT SUCKS, SO WE FIXED A FEW OF THEM.



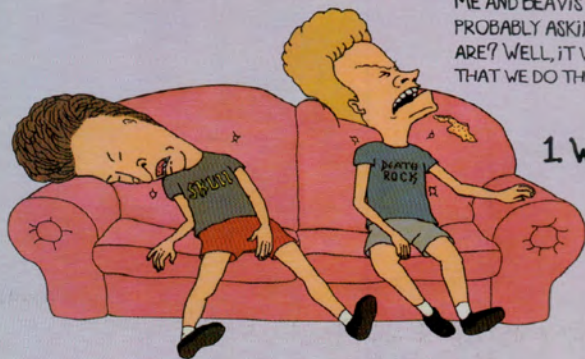
WORLD'S GREATEST SELF HELP DUDES

ANDY ROONEY

DY A EVER NOTICE THIS OLD GUY ON THIS 60 MINUTES SHOW ON TV WHO'S LIKE, ALWAYS TALKING ABOUT STUFF HE DOESN'T UNDERSTAND? HE ASKS QUESTIONS LIKE, "WHY DO THEY CALL IT 'ASPIRIN'?" AFTER ALL, YOU DON'T PUT IT IN YOUR ASS." OR HE'LL TALK ABOUT FEDERAL TAXES OR HOW HARD IT IS TO PICK UP TEENAGE GIRLS. YOU KNOW, CRAP LIKE THAT.

MAYBE HE'S CONFUSED CUZ HE'S SO OLD. I GUESS THAT'S WHY HE LIKE, FORGETS TO TRIM HIS EYEBROWS.

SEVEN HABITS OF HIGHLY DEFECTIVE PEOPLE



ME AND BEAVIS ARE LIKE, PRETTY SUCK-SESSFUL DUDES. YOU'RE PROBABLY ASKING YOURSELF, HOW DID WE GET TO WHERE WE ARE? WELL, IT WASN'T LUCK. THE SECRET OF OUR SUCK-SESS IS THAT WE DO THESE 7 THINGS EVERY DAY:

1. WAKE UP IN THE MORNING

IF YOU DON'T DO THIS THEN YOU CAN'T DO ANYTHING ELSE FOR THE REST OF THE DAY. UNLESS YOU WANT TO SLEEP.

2. LISTEN

SOMETIMES, OTHER PEOPLE HAVE REALLY COOL THINGS TO SAY. LIKE WHEN THAT DUDE ANDERSON'S FOOT GOT RUN OVER BY A LAWN MOWER. HE WAS SCREAMING, "CALL 911! 911!" WE LIKE, STOOD THERE AND LISTENED.



3. QUIT SMOKING

QUITTERS ARE WINNERS. BUT LIKE, IT TAKES A LOT OF SELF-CONTROL TO BE A QUITTER. BEAVIS HAD A HARD TIME QUITTING, BECAUSE HE DOESN'T KNOW HOW TO LIGHT A CIGARETTE IN THE FIRST PLACE.



4. TEACH A CHILD SOMETHING

VAN DRIESSEN SAID IT'S IMPORTANT TO SHARE WHAT YOU KNOW WITH A CHILD OR SOMETHING.



I KNOW I COULD KICK YOUR ASS.



5. WRAP YOUR NADS IN TP

UM, HEH HEH, I LIKE TO WRAP MY NADS IN TP WHEN I GO TO THE BATHROOM. THAT WAY, YOU KNOW, THEY DON'T GET SPLASHED WHEN I'M TAKING A DUMP.



6. EXPERIENCE SOMETHING NEW

LIKE THE TIME BEAVIS AND I WATCHED THE SCRAMBLED PORN CHANNEL AND TRIED TO SEE IF WE COULD SEE SOME NAKED CHICKS.



7. SPANK THE MONKEY

BUT, UH, WHY DO ALL THIS OTHER STUFF WHEN YOU CAN LIKE, GO INTO THE BATHROOM AND PROCRASTINATE. HUH HUH HUH.

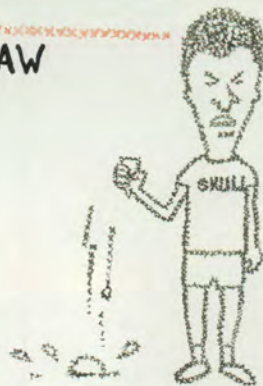
HOW TO FEEL BETTER ABOUT YOURSELF

*I woke up this morning and I felt bad.
I went to school. I felt worse. Then I went to
the bathroom and took a dump, heh heh.
I felt much better. I went back to class.
I felt bad again. That sucked!
I went back to the bathroom — I wasn't finished.*

Beavis



BUTT-HEAD'S LAW



ANYTHING THAT CAN SUCK, DOES

YOU GOTTA BE 21 TO DRINK, BUT YOU ONLY HAVE TO BE 14 TO GO TO HIGH SCHOOL. THAT SUCKS.

YOU DON'T HAVE ANY MONEY AND YOU WANT TO GET THIS BOOK THAT TELLS YOU HOW TO MAKE MONEY. BUT IT COSTS MONEY. THAT SUCKS.

IN A VIDEO STORE THEY ALWAYS HIDE ALL THE GOOD TAPES LIKE SPERMINATOR 2: FUDGEMENT DAY, MY OWN PRIVATE RIDE-A-HO, AND EDWARD PENIS-HANDS. BUT LIKE, THEY PUT TAPES OF CRAPPY KIDS' CARTOONS EVERYWHERE. THAT SUCKS.

CHICKS DON'T WANT TO DO IT WITH YOU UNLESS YOU'VE ALREADY SCORED. BUT HOW CAN YOU SCORE WHEN CHICKS WON'T DO IT WITH YOU CUZ YOU HAVEN'T SCORED. THAT SUCKS.

IN ENGLISH CLASS THEY LIKE, MAKE YOU LEARN ENGLISH, BUT LIKE, THE TEACHER IS SOME FOREIGN DUDE FROM BRITAIN WHERE THEY DON'T EVEN SPEAK ENGLISH. THAT SUCKS.

FARTKNOCKERS LIKE BEAVIS ARE ALWAYS HANGING AROUND COOL DUDES LIKE ME. THAT SUCKS.

SOMETIMES MY BUTT ITCHES ON THE INSIDE. THAT SUCKS.

ORANGE FREEZIES TASTE SO GOOD YOU GOTTA DRINK 'EM REAL FAST, BUT THEN IT FREEZES YOUR HEAD. THAT SUCKS.

PROFESSIONAL WRESTLERS GET PAID A LOT OF MONEY TO FIGHT, BUT IF YOU DO IT FOR FREE IN CLASS YOU GET KICKED OUTTA SCHOOL. THAT SUCKS. OH WAIT, UM, THAT DOESN'T SUCK.

A BAND LIKE METALLICA CAN BREAK UP, BUT THERE'S ONLY ONE BON JOVI, SO HE CAN'T BREAK UP. THAT SUCKS.

CHICKS DON'T CARE ABOUT OTHER CHICKS' THINGEES, BUT THEY'RE THE ONLY ONES WHO GET TO GO IN THE GIRLS' LOCKER ROOM. THAT SUCKS.

UNDERWEAR MODELS ARE ALWAYS WEARING UNDERWEAR. THEY SHOULD BE NAKED. THAT SUCKS.

HASSELHOFF. THAT SUCKS.

UNCOVERING CHILDHOOD MAMORIES

IF YOU HAVE PROBLEMS TODAY, IT'S PROBABLY BECAUSE OF STUFF THAT HAPPENED WHEN YOU WERE A KID. LIKE, IF YOU FORGOT TO GO TO SCHOOL AS A KID, THAT EXPLAINS WHY YOU HAVE TROUBLE COUNTING AND STUFF. SO IT'S IMPORTANT TO REMEMBER STUFF FROM WHEN YOU WERE A KID TO UNDERSTAND LIKE, WHO YOU ARE NOW.

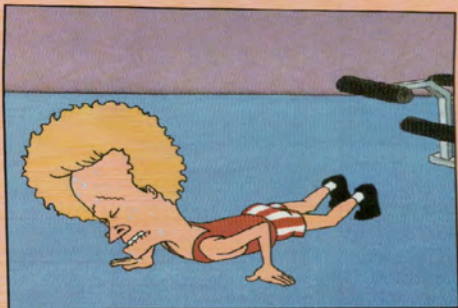


BODY IMAGE

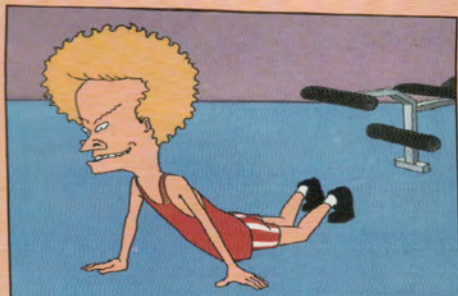
YOU'LL FEEL BETTER ABOUT YOURSELF IF YOU GET IN SHAPE, CUZ IT MAKES IT EASIER TO GET UP OFF THE COUCH AND GET SOME FOOD FROM THE FRIDGE. DO THE BEAVIS WORKOUT! YEAH, HEH HEH. JUST DO ME!



THIS IS CALLED THE GROIN STRETCH. STRETCHING MAKES IT BIGGER. HEH HEH HEH.



REAL MAN'S PUSH-UP. UGH, UHHH, ONE...



CHICK PUSH-UPS ARE LIKE, GOOD FOR ANYONE TOO LAZY TO DO A REAL PUSH-UP.



THE BUTT CRUNCHER IS MY FAVORITE EXERCISE. JUST SQUAT LIKE YOU'RE TAKING A DUMP. THIS IS GOOD FOR THE BUTT MUSCLE. SQUAT. POOP. SQUAT. POOP.



I CALL THIS THE THINGEE BUILDER. IF YOU CAN'T TOUCH SOMEONE ELSE'S THINGEES, MAKE YOUR OWN. REPEAT AFTER ME — "I MUST, I MUST, I MUST INCREASE MY BUST." HEH HEH HEH.



PELVIC THRUSTS ARE GOOD PRACTICE IN CASE YOU EVER GET TO DO IT WITH A CHICK.



DO THESE EVERY DAY AND YOU COULD HAVE A BUFF BODY LIKE MINE.

YOU COULD ALSO TRY SOME OTHER EXERCISES, LIKE THE BREAST STROKE, JERK AND PULL, OR JUMPING JACK-OFFS.

PAST LIVES

SOME TV PSYCHOTICS LIKE SHIRLEY MACLAINE BELIEVE THEY WERE OTHER PEOPLE BEFORE THEY WERE BORN. LIKE, I'M NOT SURE WHAT THE HELL THAT MEANS, BUT IT MIGHT BE COOL TO THINK ABOUT WHO YOU WERE IF YOU LIVED IN ANOTHER TIME.



WAY BACK IN MY PAST LIFE, I WAS A FROG. I HOPPED AROUND AND LOOKED UP CHICKS' SKIRTS AND STUFF AND THEY WOULDN'T NOTICE CUZ I WAS A FROG. AND I HAD WARTS, HUH HUH HUH, YOU KNOW, DOWN THERE. THAT MEANS I DID IT.

YEAH, YEAH, I REMEMBER IN MY PAST I WATCHED A LOT OF THOSE SATURDAY MORNING CARTOONS. SO LIKE, IN MY PAST LIFE I WAS A SMURF. THEY CALLED ME "BEAVIS SMURF." I WAS HANGING OUT WITH ALL THESE BLUE DUDES. THERE WAS LIKE A HUNDRED OF US...AND ONE REMOTE CONTROL. I NEVER GOT TO SMURF THE TV, BECAUSE THE OTHER DUDES WERE ALWAYS LIKE, "WAIT YOUR TURN, SMURFKNOCKER." ONE TIME THIS ONE DUDE, "BUTT SMURF," WAS LIKE, SMURFING WITH THE REMOTE CONTROL, AND I WAS LIKE, "HEY MAN, HOW'S ABOUT LETTING ANOTHER SMURF SMURF THAT SMURF." BUT THAT SMURFMUNCH JUST KEPT ON SMURFING! THAT WAS SMURFY! UM, I MEAN, THAT SUCKED.



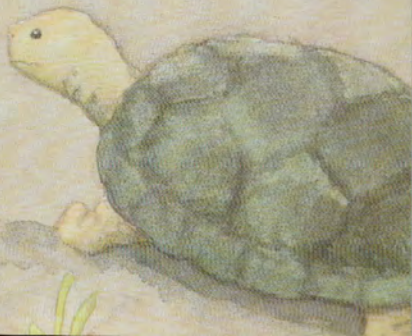
THE TURTLE AND THE HAIR

There once was this turtle who did everything real slow. Like, he was in the special class at school. One day, he was supposed to race this fast bunny. But before he got to the race, he saw this hair growing out of his butt. He was surprised because he didn't even know he had a butt. A lot of dumbasses don't know that turtles have butts.

So like, the turtle looked at the beard on his butt and figured it was time for him to become a man. He went down to the mall and scored with a bunch of turtle chicks. That took like 15 minutes or something. That's how he lost the race.

Moral: Dudes with beards score.

Butt Head



ASS-TROLOGY

ASS-TROLOGY LIKE, RULES THE UNIVERSE. IT CAN TELL YOUR FUTURE. MORE IMPORTANT, IF YOU WANT TO DO A CHICK, YOU NEED TO LIKE, KNOW HER ASS-TROLOGICAL SIGN. NOBODY KNOWS WHERE ASS-TROLOGY COMES FROM. SOMETIMES IT SEEMS LIKE THE ASS-TROLOGERS PULL IT OUT OF THEIR BUTTS.

ARIES

THIS IS THE SIGN OF PEOPLE WHO ARE UPTIGHT. ARIES OFTEN LOSE THEIR TEMPER OVER ANY LITTLE THING. COACH BUZZCUT IS AN ARIES. HE EVEN GETS MAD WHEN WE DON'T COME TO GLASS.

AQUARIUS

AQUARIUS LIKE TO TELL PEOPLE TO DO STUFF LIKE "GO TO SCHOOL!" OR "DON'T LIGHT THAT ON FIRE!" PRINCIPAL MCVICKER IS AN AQUARIUS. EVERYONE WHO IS AN AQUARIUS IS A SONOFABITCH.

CANCER

THE SIGN OF PEOPLE WHO SMOKE, LIKE THE MARLBORO MAN AND THAT SMOKEY BEAR GUY.

CAPRICORN

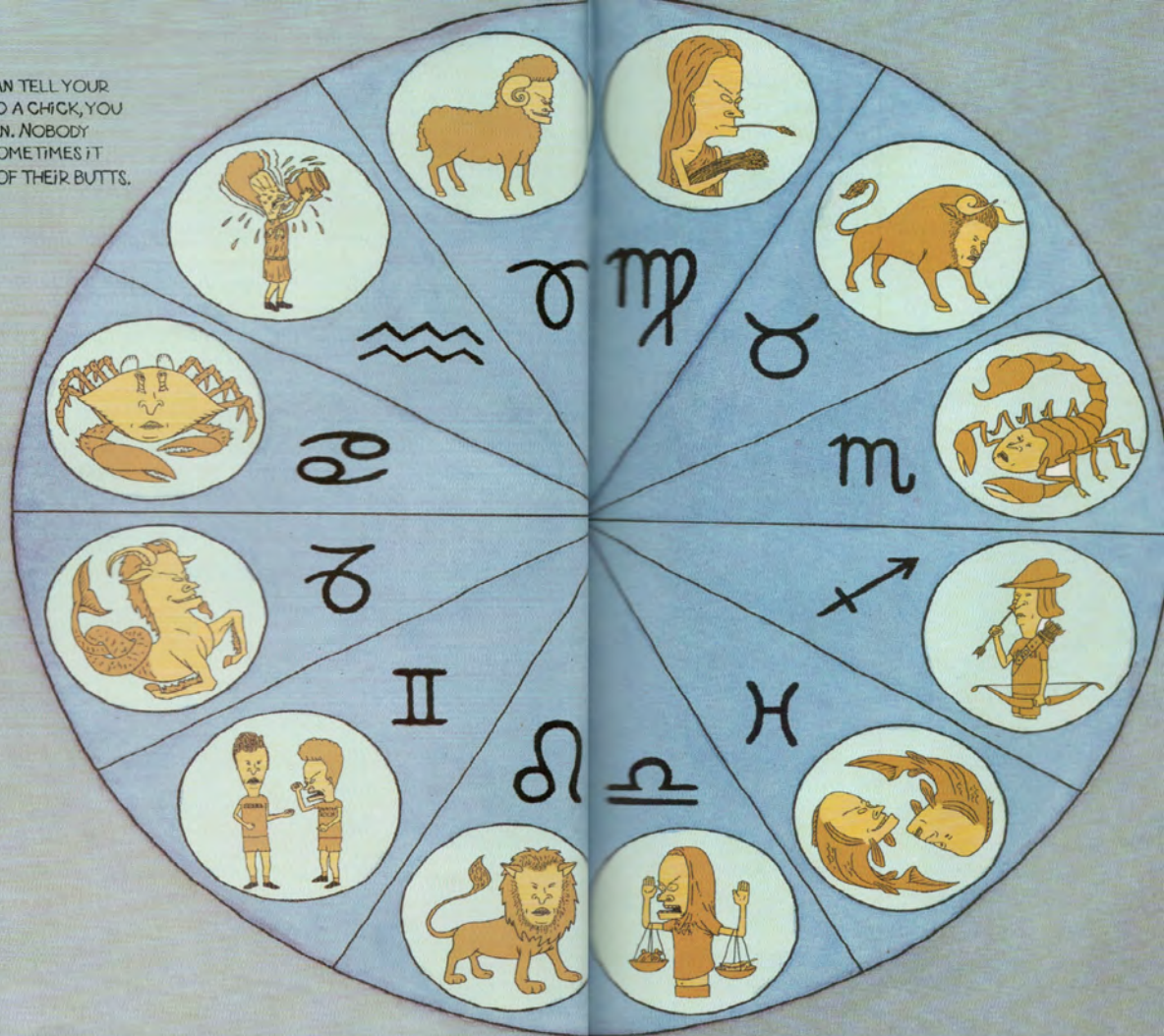
ANDERSON IS A CAPRICORN. IT'S THE SIGN FOR PEOPLE WHO ARE OLD. YOU CAN USUALLY SMELL CAPRICORNS CUZ THEY WEAR THOSE OLD PEOPLE DIAPERS.

GEMINI

GEMINI IS THE SIGN OF BANDS LIKE METALLICA AND AC/DC. GEMINIS DRINK BEER AND THROW TVs OUT WINDOWS.

LEO

THIS IS LIKE, THE SIGN OF CHICKS THAT ARE IN LOVE WITH LEONARDO DICAPRIO.



LIBRA

THIS IS THE SIGN OF WUSSES. STEWART IS A WUSS. HE'S PROBABLY A LIBRA.

PISCES

PISCES THINK THEY'RE COOL, BECAUSE THEY ARE IN TOUCH WITH THEIR FEELINGS. OTHER PEOPLE THINK THEY ARE FARTKNOCKERS. VAN DRIESSEN IS A PISCES.

SAGITTARIUS

TODD IS A SAGITTARIUS. THIS IS THE SIGN OF PEOPLE WHO KICK ASS AND THEN KICK SOME MORE ASS, LIKE TODD. MOST SAGITTARIUS ARE IN PRISON.

SCORPIO

DARIA IS A SCORPIO. SCORPIOS ARE THE KINDA PEOPLE WHO ARE GOOD AT SCHOOL AND KNOW LOTS OF CRAP. THEY'RE PRETTY STUPID.

TAURUS

NO ONE KNOWS MUCH ABOUT TAURUS CUZ NO TAURUS EVER GOT FAMOUS FOR DOING ANYTHING GOOD. THAT GUY WHO SITS ON THE CORNER OUTSIDE MAXI-MART ALL DAY IS A TAURUS. SO IS TORI SPELLING.

VIRGIN

THE SIGN OF PEOPLE WHO HAVE NEVER DONE IT. THIS IS BEAVIS' SIGN.

HOW TO BE A BETTER PERSON



IF YOU GO TO A NEW AGE HEALTH FOOD STORE, THE HIPPIES THERE ARE ALWAYS TALKING ABOUT HOW YOU CAN BE A BETTER PERSON. LIKE, I'M ALREADY A BETTER PERSON. I'M BETTER THAN BEAVIS. BUT IF YOU'RE A BUTT CRACKER LIKE BEAVIS MAYBE YOU SHOULD TRY SOME OF THIS NEW AGE CRAP.

AROMA THERAPY

DIFFERENT SMELLS CAN MAKE YOU FEEL DIFFERENT THINGS. LIKE THE SMELL OF FRESH NACHOS MAKES ME FEEL HUNGRY AND THE SMELL OF BEAVIS' FARTS MAKES ME FEEL LIKE KICKING HIS ASS.

AURA

THIS IS AN INVISIBLE BUBBLE AROUND YOUR BODY THAT HAS LIKE, DIFFERENT COLORS. WHEN BEAVIS GOES SWIMMING HE HAS A YELLOW AURA.

CRYSTALS

THESE THINGS LOOK LIKE DIAMONDS. THEY'RE SUPPOSED TO BRING YOU "GOOD FORTUNE," BUT THEY AREN'T WORTH ANYTHING AND COST A LOT OF MONEY.

INCENSE

INCENSE IS REALLY COOL, BUT YOU LIKE, HAFTA HAVE A SISTER TO DO IT. A NAKED SISTER. UH HUH HUH HUH.

MANTRA

A MANTRA IS LIKE WORDS YOU SAY OVER AND OVER AGAIN TO HELP YOU GET THROUGH THE DAY. BEAVIS' MANTRA IS "THANK YOU, DRIVE THROUGH."

NUMEROLOGY

NUMBERS HAVE HIDDEN MEANINGS, LIKE NUMBER TWO, HEH HEH HEH.

TAROT CARDS

HIPPIES ARE ALWAYS ASKING YOU TO PLAY TAROT CARDS WITH THEM. BUT IT'S A LOT HARDER THAN GO FISH OR THOSE OTHER CARD GAMES. LIKE, AS SOON AS THEY DEAL THE CARDS THEY TELL ME I'M GONNA LOSE EVERYTHING AND DIE.

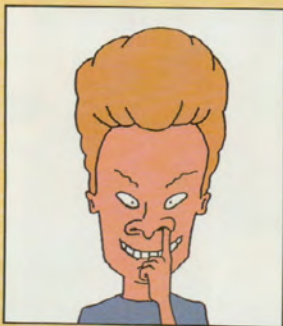
BODY LANGUAGE

BODY LANGUAGE IS HOW PEOPLE COMMUNICATE WITHOUT TALKING. A CHICK MIGHT TELL YOU TO "GET THE HELL AWAY FROM ME." BUT IF SHE'S, LIKE, TAKING OFF HER CLOTHES AT THE SAME TIME, WHAT SHE'S TRYING TO SAY IS: "DO ME!" BODY LANGUAGE IS COOL CUZ SOMETIMES IT'S HARD TO THINK OF, YOU KNOW, LIKE, WORDS.

CHECK OUT HOW BEAVIS AND I CAN LIKE, EXPRESS OURSELVES WITHOUT TALKING:



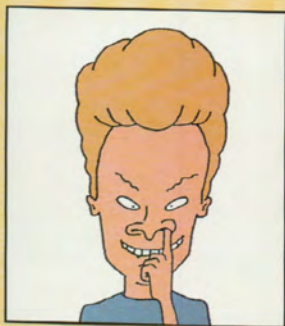
MY BUTT ITCHES.



I'M BORED. THIS SUCKS.



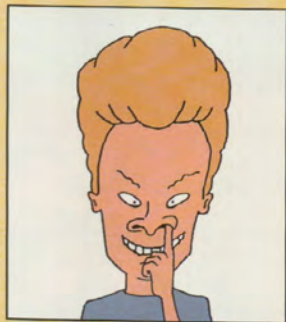
MY BUTT STILL ITCHES.



I'VE GOT A STIFFY! BOOOOIIING!



HEY BABY. DO YOU LIKE WHAT YOU SEE? UHHUH UHHUH.



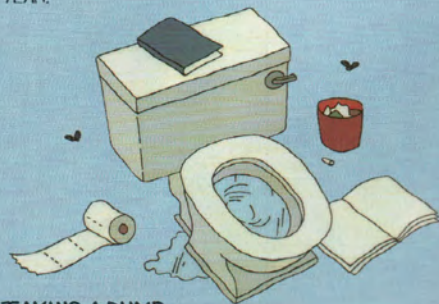
I HOPE THAT TONY DANZA DUDE IS ON TV RIGHT NOW. HE'S FUNNY.

RELEASING STRESS

LIFE CAN BE PRETTY STRESSFUL. LIKE WHEN YOU'RE WATCHING A VIDEO AND THEY BLUR SOMETHING OUT SO YOU DON'T KNOW WHAT THE HELL IS GOING ON. OR LIKE, WHEN YOU GET DEPORTED. YOU KNOW, STUFF LIKE THAT. SO HERE'S SOME WAYS TO HELP YOU RELAX WHEN YOUR LIFE'S A BEACH.

NO, DUMBASS, IT'S LIKE, "WHEN YOUR WIFE'S A BITCH."

OH, YEAH, YEAH. THAT MAKES A LOT MORE SENSE. YEAH.



TAKING A DUMP

PROS: A GOOD WAY TO DEAL WITH GRAP.

CONS: YOU NEED A BATHROOM.

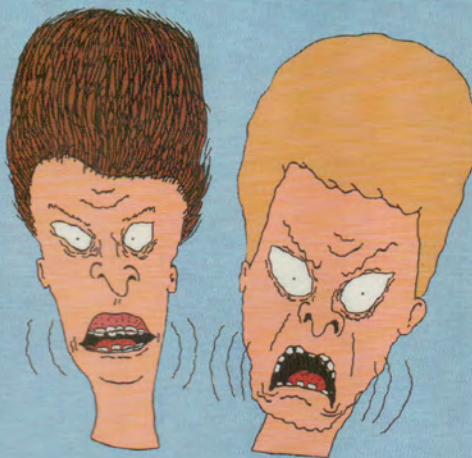
UM, HEH HEH, NO YOU DON'T.



TAKE A FEW DEEP BREATHS

PROS: BREATHING IS LIKE, GOOD FOR YOUR HEALTH OR SOMETHING. AND IT'S PRETTY EASY, TOO.

CONS: BEAVIS JUST FARTED.



SCREAM THERAPY

PROS: YOU CAN SCREAM AS LOUD AS YOU WANT.

CONS: IF YOU DO IT TOO MUCH, YOU LOSE YOUR VOICE AND YOUR HEAD STARTS TO HURT.



COUNTING TO TEN

PROS: ZERO

CONS: IT JUST MAKES YOU MORE FRUSTRATED, CUZ IT'S A PRETTY HIGH NUMBER. NUMBERS SUCK AND MATH PISSES ME OFF.



LISTEN TO MUSIC

PROS: AC/DC, METALLICA

CONS: CELINE DION, YANNI



BANGING A DRUM

PROS: YOU GET TO HIT STUFF.

CONS: YOU HAVE TO HANG OUT WITH A DUMBASS WHO OWNS A DRUM.

BLOW THINGS UP THERAPY

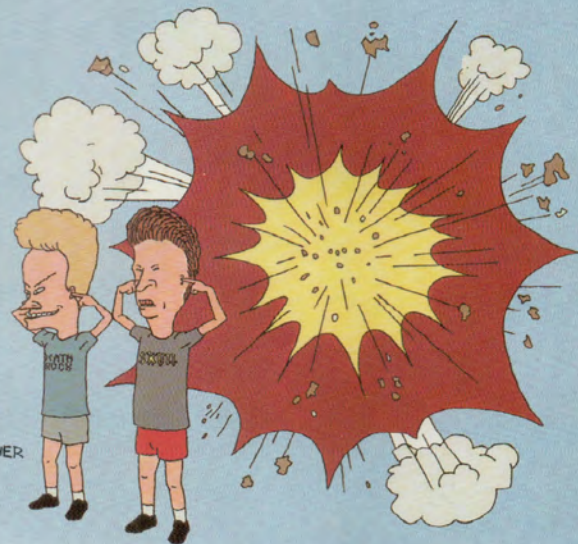
PROS: YOU GET TO BLOW UP OTHER PEOPLE'S STUFF.

CONS: PRISON

GET A PET

PROS: DOBERMANS, PIT-BILLS, HORNY TOADS

CONS: SEE "TAKING A DUMP"



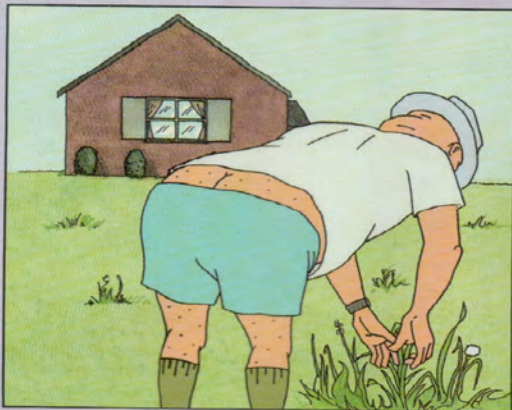
BUTT-READING

HOMELESS GYPSY CHICKS SOMETIMES TRY TO RIP YOU OFF BY TELLING YOU THEY CAN TELL YOUR FUTURE BY READING YOUR PALM. THAT'S CRAP. YOU CAN'T TELL ANYTHING ABOUT A DUDE JUST BY LOOKING AT HIS HAND. UNLESS HE JUST GOT DONE, YOU KNOW, UH HUH HUH HUH.

TO REALLY FIND OUT STUFF ABOUT PEOPLE, YOU GOTTA READ OTHER PARTS OF THEIR BODY.

BUTT-CRACK READING

THIS WILL TELL YOU IF A PERSON HAS A JOB WHERE THEY BEND OVER A LOT, LIKE PLUMBERS OR THOSE CHICKS WHO WORK FOR THE PRESIDENT.



LIP READING

A QUICK LIP READING CAN TELL YOU IF A PERSON HAS KISSED A LOT OF PEOPLE— ESPECIALLY IF THEY HAVE LOTS OF SORES AND STUFF.

BACK HAIR READING

LOTS OF BACK HAIR TELLS YOU ONE THING — THIS DUMBASS ISN'T GOING TO SCORE.



FINGERNAIL READING

TELLS YOU IF THEY LIKE TO PICK THEIR NOSE — UNLESS THEY LIKE TO EAT IT, TOO.

BELLY READING

THIS IS AN EASY WAY TO TELL IF SOMEONE IS FAT. BUT SOMETIMES IT'S HARD TO TELL IF THEY'RE FAT CUZ THEY EAT A LOT OR IF THEY'RE LIKE, ABOUT TO BECOME A FATHER.



BEARD READING

THIS DUDE LOVES COLLEGE MUSIC.

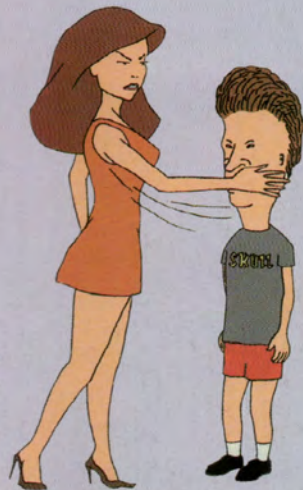
THIS DUDE WISHES HE WAS ON COPS.

DAMN SMOOTH.

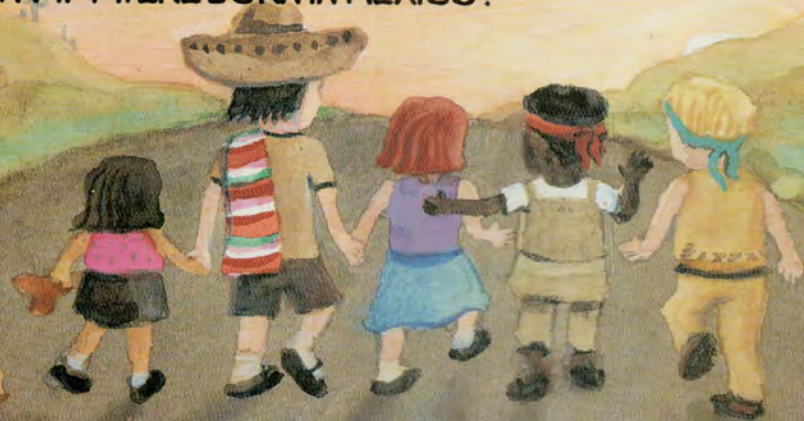


NOTHING TELLS YOU MORE ABOUT A CHICK THAN A GOOD BOOB READING. BUT THEY'RE REALLY HARD TO DO. YOU GOTTA BE SOME KINDA EXPERT OR SOMETHING. SO, LIKE, KEEP PRACTICING.

BOOB READING



WHAT IF I WERE BORN IN MEXICO?



What if I were born in Mexico?

My life would be like, really different. I'd wake up every morning and eat a breakfast burrito. I wouldn't hafta go to school, cuz like, the Rightland High school bus doesn't pick anyone up who lives more than 10 miles away from school.

I'd be foreign, which would suck, cuz foreign dudes speak French.

And my name wouldn't be Beavis, I'd probably have some kinda French name like Señor Beavis.

And I never would have met Butt-Head, um, unless Butt-Head was also born in Mexico.

So I guess it wouldn't be that different.

Beavis

WORLD'S GREATEST SELF-HELP DUDES



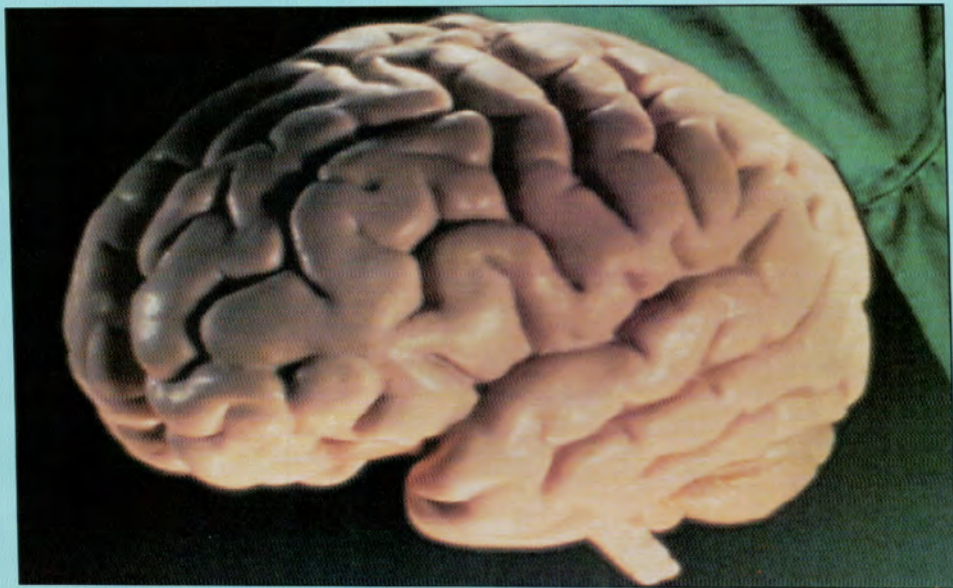
SALLY STRUTHERS

SHE'S THIS CHICK WHO'S ALWAYS ON TV TALKING ABOUT HUNGRY PEOPLE. SHE KNOWS A LOT ABOUT HUNGRY PEOPLE BECAUSE SHE'S ALWAYS HUNGRY. ON HER COMMERCIAL SHE'S ALWAYS TALKING ABOUT HOW IF YOU HELP PEOPLE YOU FEEL BETTER ABOUT YOURSELF. SHE SAYS YOU CAN FEED A FAMILY OF HUNGRY PEOPLE FOR ONLY A PENNY.

THAT, LIKE, GAVE ME AN IDEA. ME AND BEAVIS WENT TO THIS STORE AND TOLD THE CLERK DUDE THAT WE HAD A HUNGRY FAMILY AT HOME WITH TWO DADS, AN UNCLE, A GOAT AND LIKE, THREE GERMAN DUDES. HE SAID HE COULDN'T GIVE US ANY FOOD, BUT HE WOULD SEND SOMEONE OVER OR SOMETHING.

THE NEXT DAY THIS OLD CHICK CAME TO BEAVIS' HOUSE. SHE TOLD US SHE WAS LIKE A SOCIALIST WORKER AND TOOK US TO SEE THIS FAMILY NAMED FOSTER. THEY GAVE US FOOD AND LET US SLEEP ON THEIR COUCH AND WATCH TV. THAT WAS GOOL AND THEY DIDN'T EVEN TAKE OUR PENNY.

DREAMS—WHAT THEY MEAN



A LOT OF PEOPLE WONDER WHAT THEIR DREAMS MEAN.

YEAH, YEAH, LIKE EVER SINCE I WAS A KID I'VE DREAMT OF BECOMING A NINJA WITH THOSE CHINESE THROWING STARS AND TASERS, HEH HEH. LIKE, WHAT DOES THAT MEAN?

I'M NOT TALKIN' ABOUT THAT KINDA DREAM, DUMBASS. I MEAN THE KINDA DREAMS YOU HAVE WHEN YOU'RE ASLEEP. SCIENCE GUYS SAY DREAMS ARE YOUR BRAIN TRYING TO TALK TO YOU, BUT YOU'RE ASLEEP SO YOU DON'T KNOW WHAT IT'S SAYING. IT'S LIKE WATCHING ONE OF THOSE TV SHOWS FROM ENGLAND.

THIS CHART CAN HELP YOU UNDERSTAND WHAT YOU SEE IN YOUR DREAMS.

IF DREAM IS ABOUT...

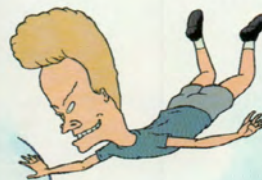
IT MEANS....

BEING NAKED IN SCHOOL

YOU'RE A WUSS FOR THINKING ABOUT SCHOOL.

FALLING OFF A CLIFF

YOU, LIKE, CAN'T GET IT UP.



A BUNCHA NAKED CHICKS IN BIKINIS

YOU, LIKE, CAN GET IT UP.
BOOOIIING!

YOU'RE DOING IT WITH BEAVIS' MOM.

BEAVIS' MOM IS A SLUT.

YOU'RE GETTING
BEATEN UP BY TODD.



TODD IS COOL.

SPIDERS CRAWLING OUT OF YOUR BUTT

YOU FORGOT TO WIPE, BUNGHOLE.

MEXICAN WRESTLERS

YOU PROBABLY ATE LIKE, SPAGHETTI OR
SOME OTHER MEXICAN FOOD FOR LUNCH.

TWO MONKEYS DOING IT
DOGGY STYLE.

HUH HUH HUH. HEH HEH HEH.
THAT'S PRETTY COOL.

SWIMMING IN A POOL

THAT'S, LIKE, A WET DREAM.

BEAVIS SWIMMING IN A POOL

IT'S LIKE, TIME TO CLEAN THE POOL.

YOU'RE LIVING IN A WORLD WHERE TV SUCKS
AND CHICKS DON'T WANNA DO YOU

YOU'RE NOT DREAMING.



CONFLICT RESOLUTION

IF YOU'RE LIKE US YOU PROBABLY MEET PEOPLE EVERY DAY WHO HATE YOU AND WANT TO BEAT YOU UP. BEAVIS AND I AREN'T FIGHTERS. WE'RE LIKE, LOVEMAKERS. HUH HUH. BUT, YOU KNOW, NOT WITH EACH OTHER. SO LIKE WHEN SOMEONE PICKS A FIGHT WITH US, WE LIKE, TURN THE OTHER BUTT CHEEK. HERE'S SOME WAYS YOU CAN AVOID CONFLICT, TOO.

FIRST, TRY TO TALK IT OUT.



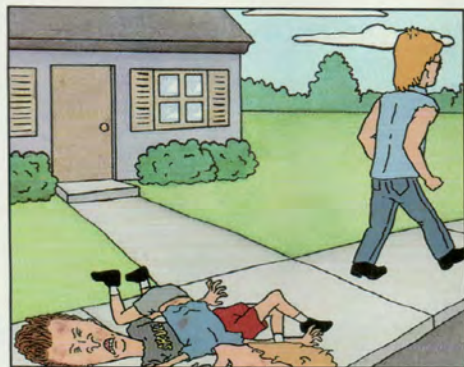
THEN, JUST WALK AWAY.



IF THAT FAILS, ACT TOUGH.



WHEN ALL ELSE FAILS, LET THEM BEAT YOU UP — THAT WILL END THE CONFLICT.



ALTERNATIVE MEDICINE

IT USED TO BE THAT WHEN YOU WERE FEELING SICK YOU WENT TO THE DOCTOR AND GOT A SHOT IN THE BUTT. BUT NOWADAYS YOU DON'T HAFTA PULL DOWN YOUR PANTS FOR SOME FARTKNOCKER, CUZ THEY GOT THIS STUFF CALLED "ALTERNATIVE MEDICINE." IT WAS INVENTED BY THE SPIN DOCTORS AND THE CURE AND OTHER ALTERNATIVE BANDS. IT'S A WAY TO SELF-HELP YOURSELF WITHOUT GOING TO THE DOCTOR.

SYMPTOM STOMACH ACHES

CURE

1 GLASS OF SODA 2 PIECES OF CHICKEN, SALT, KETCHUP, HOT SAUCE, 3 TACOS, AND 1 REMOTE CONTROL. USE THE REMOTE CONTROL TO TURN OFF THAT CRAP ON TV AND RELAX WITH A GOOD MEAL.

TELL BEAVIS TO HURRY UP AND GET THE HELL OUT OF THE BATHROOM.

TAKE 2 BAGS OF NACHOS OVER TO MY PLACE AND CALL ME A PIZZA IN THE MORNING.

WAKE UP, DUMBASS.

DO IT.

ROPE, ELECTRICAL TAPE

DROP OUT OF SCHOOL AND GET A JOB SO YOU WON'T HAFTA DO SO MUCH WORK.

BUY ONE OF THOSE NON-PORN CHICK MAGAZINES AND CUT THE CLOTHES OFF THE WOMEN.

LOWER YOUR STANDARDS.
UHH, MAYBE YOU SHOULD GO SEE A DOCTOR OR SOMETHING.

CONSTIPATION

HUNGRY

CAN'T SLEEP

HORNY

STEWART

HOMEWORK

NOT OLD ENOUGH TO BUY PORN

CAN'T SCORE
DEAD

1. ADMIT YOU NEVER SCORE AND THAT YOUR LIFE SUCKS CUZ YOU CAN'T GET SOME.

- 2. UNDERSTAND THAT THERE IS A POWER GREATER THAN YOU WHO CAN HELP YOU SCORE — CHICKS, DUMBASS!**



- 3.** LOOK AT YOURSELF AND ASK: "WHY DON'T CHICKS WANT TO SCORE WITH ME?"
- 4.** LIST ALL THE THINGS WRONG WITH YOU.
- 

...was WRONG WITH YOU

ie: If you're related to Beavis, feel free to call back.

Note: If you're related to Beavis, feel free to use more space on the back.

BEAVIS AND I PUT TOGETHER THIS PAMPHLET FOR ALL YOU BUTT-MUNCHES OUT THERE WHO NEVER SCORE...
YOU KNOW, WITH THE LADIES. IF YOU DO EVERY STEP, YOU WILL SCORE. GUARANTEED.
BUT WE NEVER SCORE.
SHUT UP, DUMBASS.

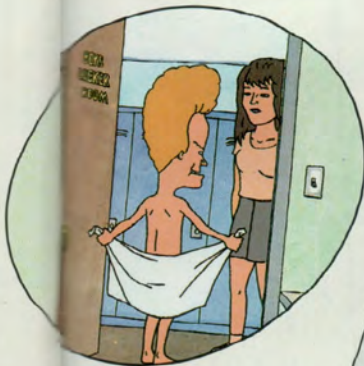


- 5. FIX ALL THE THINGS WRONG WITH YOU.**

- 6. MAKE A LIST OF ALL THE CHICKS YOU KNOW WHO YOU COULD SCORE WITH.**

Don't limit yourself. Include chicks you've seen on TV or chicks you see in the window across the street when you're hanging out in the bushes.

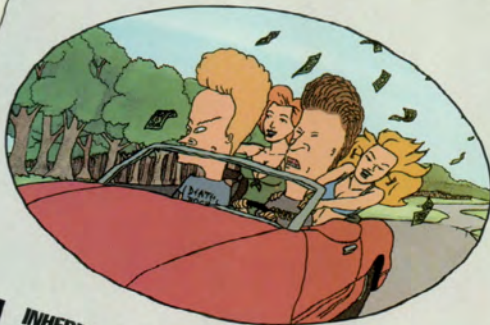
- 7** **MAKE SURE THE CHICKS KNOW YOU WANT TO SCORE.** Sometimes you can't just tell them. You hafta show them.



- 8. GET THEM TO SCORE WITH YOU.**

- 9. IF YOU'RE STILL READING THIS, YOU
OBVIOUSLY HAVEN'T SCORED.**

- 10.** ADMIT THERE'S SOMETHING REALLY
WRONG WITH YOU AND YOU'LL PROBABLY
NEVER FIX IT.



- 11. INHERIT A LOT OF MONEY.** Rich dorks who aren't good looking always score, like that Bill Gates dude.

- 12. GIVE THIS PAMPHLET TO OTHER PEOPLE YOU WANT TO HELP SCORE. ESPECIALLY CHICKS.**

ROMANCE, BUTT-HEAD STYLE

If you want to do a chick, it's like important to tell the truth. Honesty is supposed to be the best foreign policy for getting into a chick's pants.

Last night I was talking to this chick.

And then I did her. WHOA, REALLY? HEH HEH HEH.

THAT'S COOL. Yeah, I was hanging out by the Maxi-Mart eating some nachos. REALLY? I WAS THERE, TOO. COOL. and this chick drove up in like a really big foreign American car. She had these real big thingees, too. Um, wait, I DON'T REMEMBER THAT. THERE WAS A FAT DUDE WHO DROVE UP IN A TRUCK. AND HE HAD REALLY BIG THINGEES. Dammit, Beavis, this is my story. Shut the hell up. OH, YEAH, HEH HEH. SORRY ABOUT THAT.

So like, she asked me if I knew how to do chicks. I told her, "I sure do." Um, HEH HEH, UM, NO YOU DON'T. I told her how I did that chick in gym class. Um, YOU MEAN THE CHICK THAT KICKED YOUR ASS FOR GOING INTO THE CHICK'S LOCKER ROOM? HEH HEH, THAT WAS COOL.

Uh, anyway, this chick got tired of talking and like, begged me to do her on the curb. So, you know, I did her. Um, HEH HEH, NO. And then I got up and bought myself more nachos.

FARTKNOCKER! YOU SAID YOU WERE GOING TO GET ME SOME TOO! YOU LIED.

No I didn't, dumbass.

Butt Head
(AND BEAVIS)



EVERYTHING I NEED TO KNOW I LEARNED FROM COPS

Ignorance is no excuse.

Winners don't do drugs.

You have the right
to remain silent.

"Spread 'em" is not a request.
It's an order!

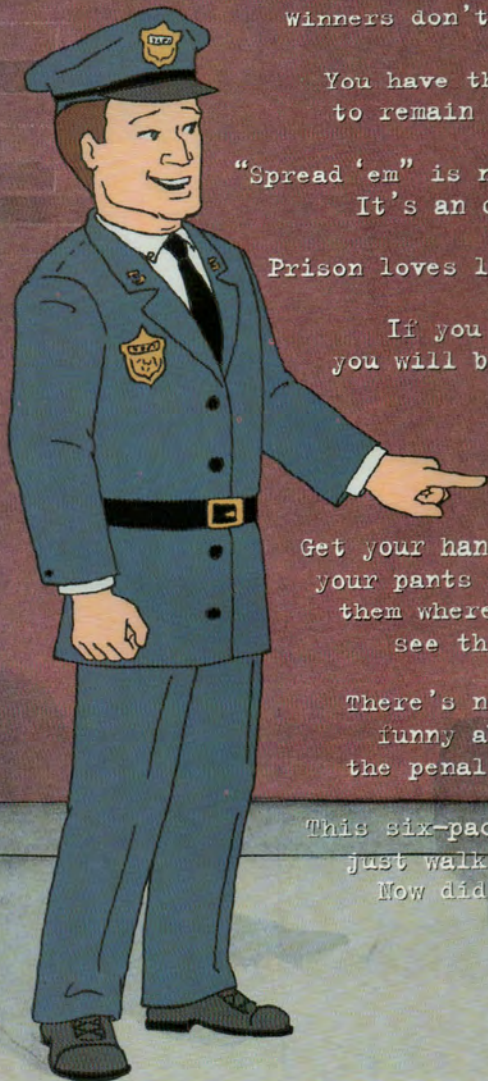
Prison loves little boys.

If you run
you will be shot.

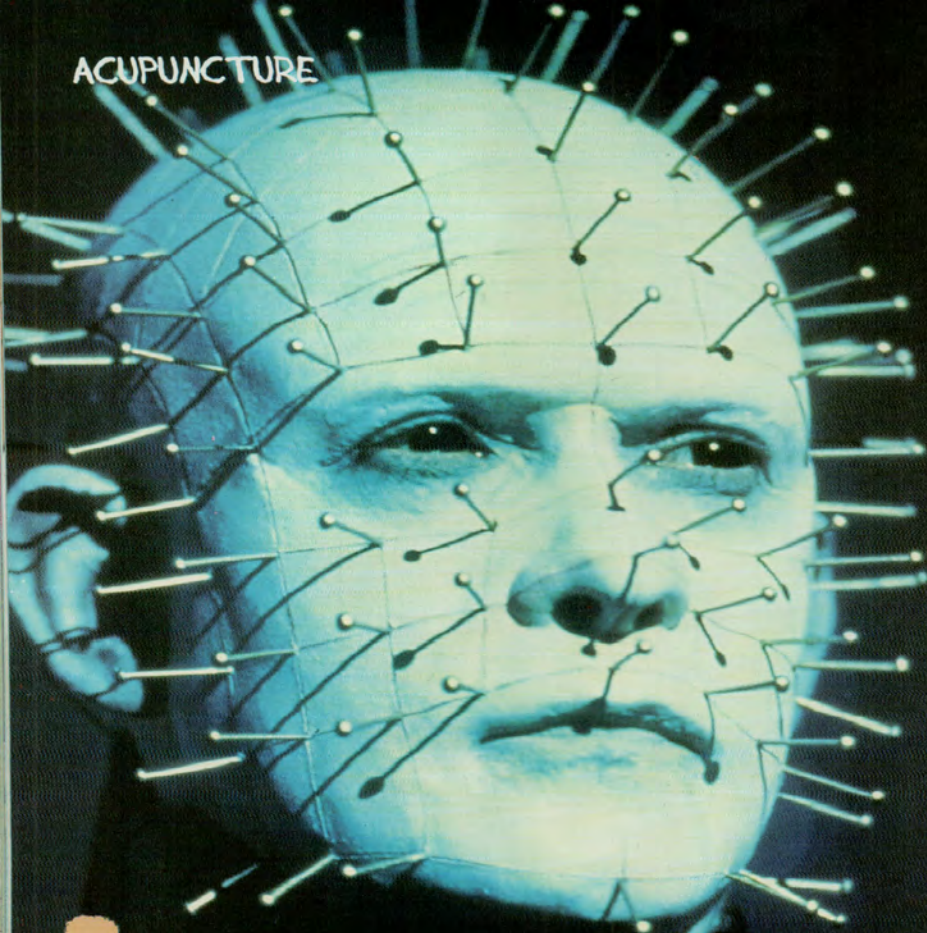
Get your hands out of
your pants and keep
them where I can
see them!

There's nothing
funny about
the penal code.

This six-pack didn't
just walk here.
Now did it?



ACUPUNCTURE



STICKING PINS IN YOURSELF IS SUPPOSED TO LIKE RELAX YOU AND MAKE YOU HAPPY AND STUFF. IT'S AN ANCIENT CHINESE SECRET, LIKE DOING LAUNDRY. BUT LIKE, IT DIDN'T MAKE ME HAPPY WHEN BUTT-HEAD STUCK A PIN IN ME. EXCEPT THE BLOOD. THAT WAS PRETTY COOL, HEH HEH HEH.



DUMBASS. THIS ACUPUNCTURE STUFF WORKS. THERE WAS THIS TIME I HAD A HEADACHE IN GYM CLASS AND I WENT TO SIT DOWN. BUT LIKE I ACCIDENTALLY SAT ON THE TH-IS NAIL STICKING OUT OF THE BLEACHER. MY BUTT REALLY HURT, BUT LIKE IT TOTALLY WORKED, CUZ I FORGOT ALL ABOUT MY HEADACHE.

A woman with long, wavy blonde hair and a black choker with a large ring. She is wearing a black, low-cut top. The background is dark, and the entire image is framed by a border of various colorful bras in different styles and colors (orange, blue, green, yellow, red, black).

WORLD'S GREATEST SELF-HELP DUDES

PAMELA ANDERSON

SHE HAD ONE SIMPLE IDEA: BIGGER THINGEES ARE BETTER.

DUMBASS, THAT'S TWO IDEAS.

OH YEAH, HEH HEH HEH, SO SHE'S LIKE TWICE AS SMART.

YEAH, YOU CAN NEVER HAVE TOO MUCH OF A GOOD THING. I'D LIKE TO SEE HER GET A THIRD ONE.

SELF-HELP



SELF-HELP IS ALL ABOUT HELPING YOURSELF. HERE'S HOW BEAVIS AND I HELP OURSELVES TO STUFF AT THE MAXI-MART.

1. GO UP TO THE COUNTER AND ASK A QUESTION LIKE: "IF I WERE GONNA STEAL SOME CANDY BARS WHAT AISLE WOULD THEY BE IN?"
2. STUFF SOME BURRITOS INTO BEAVIS' PANTS. THERE'S A LOT OF UNUSED ROOM IN THERE.
3. AT THE DRINK MACHINE, FILL UP YOUR CUP WITH A FREEZIE, THEN POUR IT OUT AND HELP YOURSELF TO ANOTHER. THAT WAY, YOU GET TWO.
4. LOOK AT THE PICTURES IN THE MAGAZINES AND PUT THEM BACK WITHOUT PAYING FOR THEM. BE SURE TO LIKE, TEAR OUT THE COOL PAGES FOR YOURSELF. HUH HUH, YOU KNOW, FOR FUTURE REFERENCE.
5. TAKE SOME DONUTS. IF THAT CLERK DUDE SEES YOU, TELL HIM YOU'RE PREGNANT AND YOU NEED THEM FOR YOUR KID.
6. HIDE SOME ICE CREAM IN BEAVIS' SHIRT. THERE'S A LOT OF ROOM IN THERE TOO.
7. AN EASY WAY TO GET STUFF OUT OF THE STORE WITHOUT PAYING IS TO GO INTO THE BATHROOM AND FLUSH IT DOWN THE TOILET. THE HARD PART IS FIGURING OUT WHERE THE STUFF IS GOING TO COME OUT.
8. DON'T WORRY ABOUT THE SECURITY CAMERA. IT'S IN BLACK AND WHITE. NOBODY WATCHES BLACK AND WHITE TV.
9. STICK A ROLL OF TOILET PAPER IN YOUR PANTS BEHIND YOUR BUTT. IF YOU GET CAUGHT, SAY YOU FORGOT TO WIPE.
10. GRAB A HANDFUL OF PLASTIC SPORKS. THEY'RE FREE SO YOU HAVE TO STEAL MORE THAN ONE TO MAKE IT WORTH YOUR WHILE.
11. IF THE COPS SHOW UP, TELL THEM YOU'RE FROM ARKANSAS OR SOMETHING, AND YOU DIDN'T KNOW YOU HAD TO PAY FOR THIS STUFF. OR JUST, LIKE, TELL 'EM BEAVIS DID IT.

LIFE LESSONS FROM MOVIES

MOVIES ARE A LOT LIKE REAL LIFE. EXCEPT YOU CAN LEARN STUFF FROM WATCHING THEM.



VAN DAMN MOVIES

MORAL: KICK ASS OR BE KICKED



FREE WILLY

MORAL: IF YOUR WILLY IS THAT BIG, YOU GOTTA LET IT ROAM FREE.



SPECIES

MORAL: LOVE ALL FORMS OF LIFE — ESPECIALLY IF THEY COME IN THE FORM OF NAKED ALIEN CHICKS.



PORN MOVIES

MORAL: DON'T SIT NEXT TO PEE-WEE HERMAN IN A THEATRE.



GANDHI

MORAL: BEING HUNGRY SUCKS.



FOREIGN MOVIES

MORAL: EVEN IF YOU CAN'T UNDERSTAND WHAT THEY SAY, YOU CAN TELL THESE MOVIES SUCK CUZ YOU CAN'T UNDERSTAND WHAT THEY'RE SAYING.



BABE

MORAL: EVEN IF YOU'RE LIKE A FAT PIG, THERE'S SOME DUDE OUT THERE WHO THINKS YOU'RE A BABE.



SILENCE OF THE LAMBS

MORAL: PEOPLE WHO KILL PEOPLE ARE, LIKE, PRETTY COOL PEOPLE.

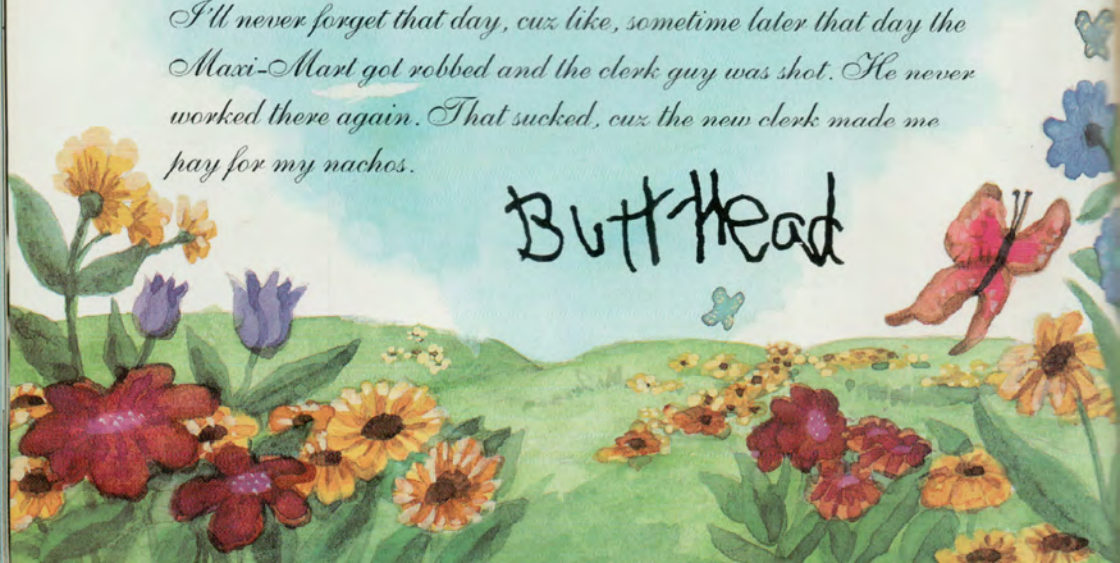
THE DAY I GOT FREE NACHOS

It was, you know, like any other day. I took some nachos up to the counter at Maxi-Mart. But then the clerk guy said, "Just take 'em. Go!" I was like, "No way. This is the greatest day ever." And the clerk guy was like, "Just get the hell out of here." He was hanging around behind the counter with this dude in a black ski mask, who kept saying, "Hurry it up, man." I guess they wanted to close the store early and go skiing or something.

So, I got the hell out of there just like he said. I went home and showed the nachos to Beavis. "Check it out, I'm like truly blessed or something." Beavis wanted some of the nachos, but I was like, "No way! Pay for your own, buttmunch."

I'll never forget that day, cuz like, sometime later that day the Maxi-Mart got robbed and the clerk guy was shot. He never worked there again. That sucked, cuz the new clerk made me pay for my nachos.

Butt Head



TRANSCRIPT FROM THE SCHOOL PSUCKOLOGIST

SOMETIMES EVEN SELF-HELP GURUS
LIKE BEAVIS AND ME CAN LEARN STUFF
FROM OTHER SELF-HELP
PROFESSIONALS. LIKE THE DAY WE
WENT TO THE SCHOOL COUNSELOR.



Subjects: Beavis and Butt-Head
Sent by: Principal McVicker
Interviewer: Dr. Longstaff

School Psychologist's transcript
Strictly Confidential

Dr. Longstaff: Hello, Beavis and Butt-Head. Please take a seat. No, not on my desk.
Yes, over there. Very good. Let's begin. Since the last time we talked, a few things
have happened. Butt-Head, Principal McVicker tells me you interrupted class by daring
Beavis to remove his shorts. Beavis, you went along with this.
Butt-Head: Yeah, it was pretty cool.
Beavis: It wasn't me, it was some Chinese dude!

Dr. Longstaff: Beavis, we can't learn from our mistakes unless we can admit them.
There was no Chinese man, now was there?
Butt-Head: Yeah, there's no way some Chinese dude would have a wiener as tiny as Beavis'.
Beavis: Shut up, fartknocker! I'll kick your nads through your butt-hole.
Butt-Head: Settle down, Beavis! It's your fault we're here.

Dr. Longstaff: Actually Butt-Head, don't you think you had something to do with this?
Butt-Head: Uh, no. I'm not messed up, Beavis is messed up.
Beavis: I'm not messed up! That Chinese dude is messed up!

Dr. Longstaff: No one here is "messed up." But you both seem to have a problem controlling
your behavior. I'd like to talk about your parents.
Butt-Head: Beavis' mother gets around. Huh huh huh.
Beavis: Yeah, she's a slut.

Dr. Longstaff: Hmm. I see. Not many boys say that about their mothers. I think this is an
avenue we should explore further. Beavis, can you tell me more about your mother?
Butt-Head: Hey, Beavis, check it out, this guy wants to get to know your mother.
Huh huh huh.
Beavis: Yeah, heh heh. I bet he wants to DO her.

Dr. Longstaff: No, no, that's not what I meant.
Beavis: This sucks. You know, you come to school, and some old dude just wants to do your mom.
Butt-Head: Yeah, this is like, sensual harassment.

Dr. Longstaff: What the hell are you talking about! Get out of my office!
This interview is over.

Butt-Head: Whoa! This dude is really in a hurry. Huh huh huh,
he must be horny.

Beavis: Yeah, it's just like when I order pizza or
something, and like the delivery dude is too
busy making out with my mom to give me my
pizza. These guys should learn how
to do their jobs.

Psychologist put on
disciplinary suspension pending
employment review.
Seek replacement.

BEAUTY IS ONLY SKIN DEEP

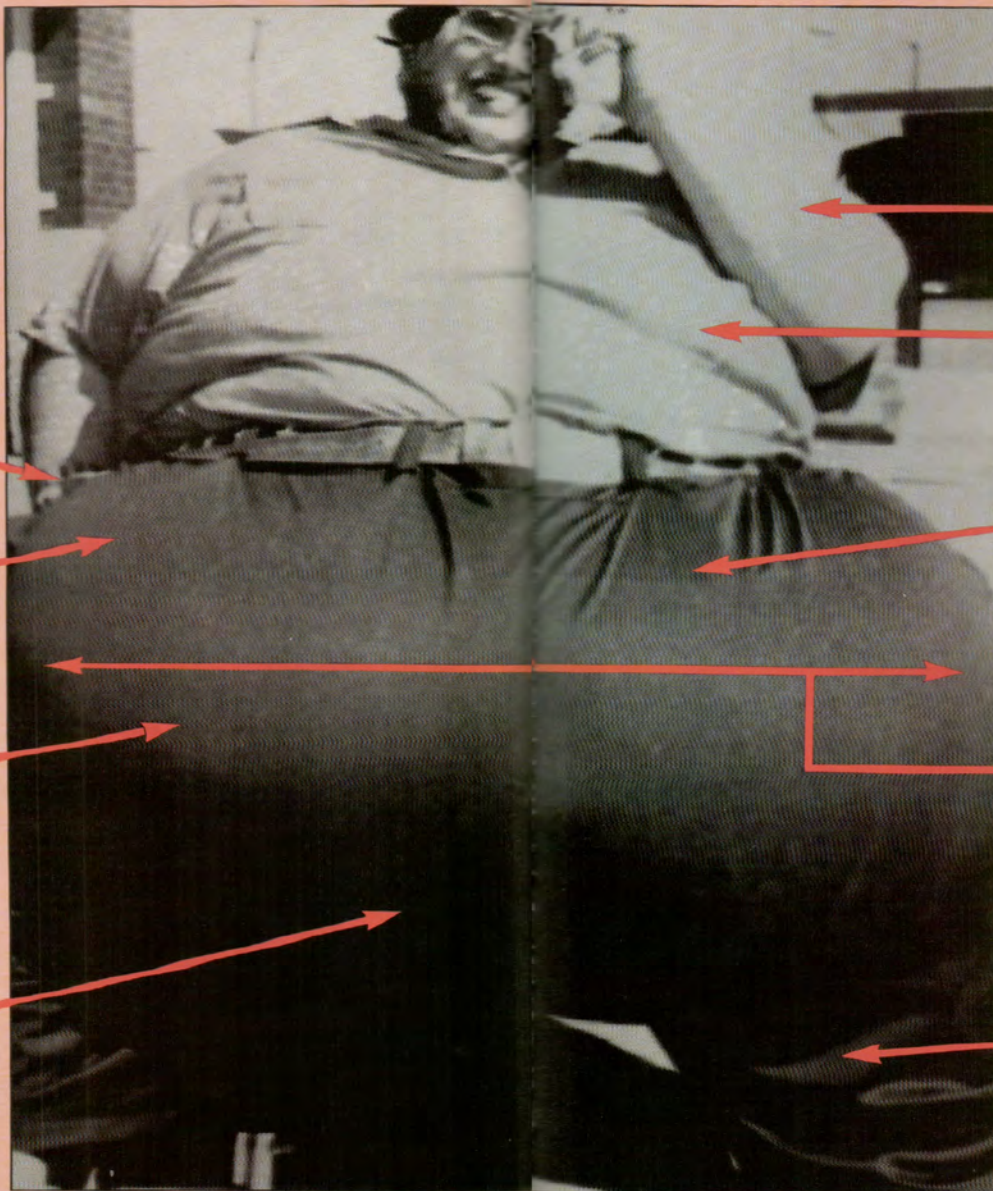
EVERYONE WANTS TO CHANGE THE WAY THEY LOOK. THERE'S LOTS OF SELF-HELP BUTTMUNCHES WHO HELP FAT PEOPLE GET SKINNY. BUT THERE'S NO ONE TO HELP SKINNY GUYS LIKE ME AND BEAVIS TO GET FAT. THAT SUCKS, BECAUSE BEING FAT WOULD BE COOL.

YOU DON'T HAVE TO BUY A COUCH CUZ YOU CAN JUST SIT ANYWHERE ON YOUR BIG FAT BUTT.

YOU CAN HIDE FOOD AND STUFF, LIKE A TURKEY SANDWICH, IN THE FOLDS OF YOUR STOMACH.

WHEN YOU'RE HUNGRY, YOU DON'T HAFTA CHOOSE BETWEEN NACHOS AND PIZZA. YOU CAN HAVE BOTH.

CHICKS DIG YOU CUZ THERE'S LIKE MORE OF YOU TO LOVE. A LOT MORE.



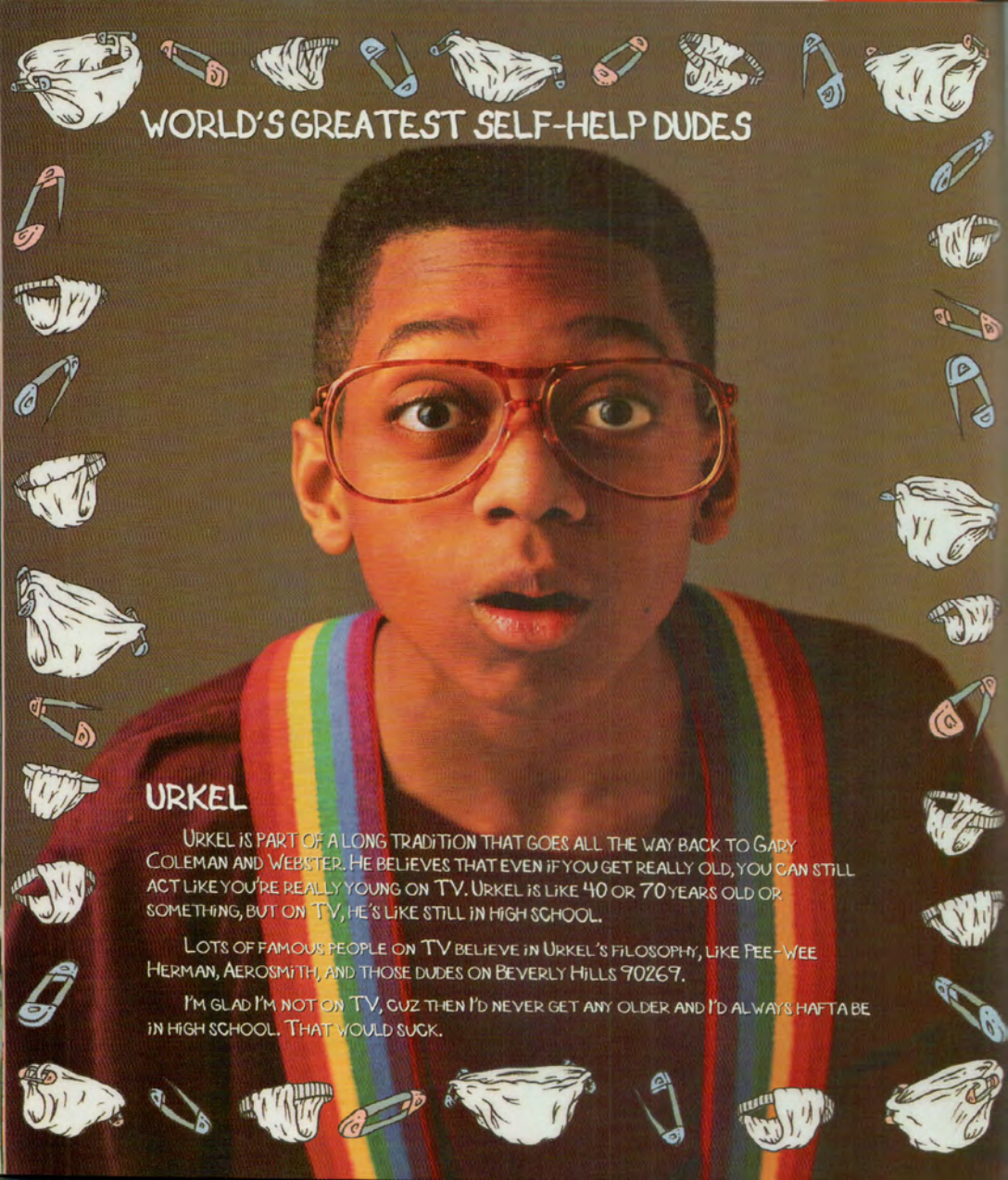
IF YOU'RE TRAPPED ON A SNOWY MOUNTAIN WITH CHICKS THEY'LL WANT TO RUB UP AGAINST YOU FOR YOUR BODY HEAT. UH HUH HUH.

THINGEES

YOU CAN USE YOUR BELLY AS A FOOD TRAY.

YOU DON'T HAFTA GO TO SCHOOL CUZ YOU CAN'T FIT THROUGH THE DOOR.

PEOPLE THINK YOU KICK ASS CUZ YOU LOOK LIKE ONE OF THOSE JAPANESE WRESTLER GUYS.



WORLD'S GREATEST SELF-HELP DUDES

URKEL

URKEL IS PART OF A LONG TRADITION THAT GOES ALL THE WAY BACK TO GARY COLEMAN AND WEBSTER. HE BELIEVES THAT EVEN IF YOU GET REALLY OLD, YOU CAN STILL ACT LIKE YOU'RE REALLY YOUNG ON TV. URKEL IS LIKE 40 OR 70 YEARS OLD OR SOMETHING, BUT ON TV, HE'S LIKE STILL IN HIGH SCHOOL.

LOTS OF FAMOUS PEOPLE ON TV BELIEVE IN URKEL'S PHILOSOPHY, LIKE FEE-WEE HERMAN, AEROSMITH, AND THOSE DUDES ON BEVERLY HILLS 90269.

I'M GLAD I'M NOT ON TV, CUZ THEN I'D NEVER GET ANY OLDER AND I'D ALWAYS HAFTA BE IN HIGH SCHOOL. THAT WOULD SUCK.

THE WINNER IN MY JOCK STRAP

One day in gym class Beavis and me were playing dodgeball. And these two chicks were like, hitting us with their balls. Uhh huh huh. That was pretty cool. But then Coach Buzzcut made us stop playing with the girls. That sucked. Buzzcut told us we needed some, like, motivation. This is what he said:



Are you boys gonna spend your whole lives getting beaten by a buncha girls? Yeah, I thought so! Let me share something I learned when I was stationed in Guam: any man who gets beat by a woman better get used to beating off! That's what we call natural selection. Until you learn to throw a ball like a man, your pathetic genes are never gonna reproduce!

Like, I'm not sure what the hell he was talkin' about, but if I can spend my whole life havin' some chick beat me, that'd be pretty cool. Especially if she, like, wears leather.

Butt Head

ART THERAPY



MOST PEOPLE THINK ART IS JUST FOR DUMBASSES. BUT WHEN YOU'RE LIKE, PISSED OFF OR SOMETHING, ART CAN SOMETIMES MAKE YOU FEEL GOOD. HERE'S SOME ART ME AND BEAVIS LIKE.



MUSEUM ART

THERE ARE TWO DIFFERENT KINDS OF ART IN MUSEUMS: CRAP AND STUFF WITH NAKED CHICKS.



TATTOO ART

THE PROBLEM WITH TATTOOS IS LIKE, USUALLY YOU'VE GOT TO LOOK AT SOME DUMBASSES'S BUTT TO SEE ONE, BUT YOU NEVER KNOW IF THE DUDE HAS A TATTOO THERE OR NOT UNTIL HE TAKES HIS BUTT OUT.



PORN ART

WHEN YOU CAN'T MAKE IT TO THE MUSEUM, GO TO THE MAXI-MART FOR SOME ART, IF YOU KNOW WHAT I MEAN. HUH HUH HUH.



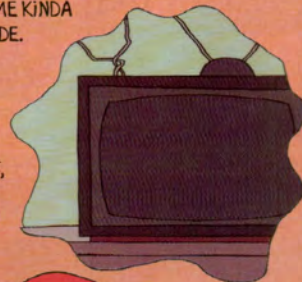
PIERCING

THEY CALL THIS KINDA ART "SUBVERSIVE" BECAUSE IT CAN BE KINDA DANGEROUS. LIKE, WHEN BEAVIS TRIED IT, HE GOT HIS BUTT PIERCED TOGETHER. NOW HE CAN'T MAKE ANY "ART" IN THE BATHROOM.



GRAFFITI ART

IF YOU'RE GONNA MAKE THIS KINDA ART, YOU GOTTA MAKE SURE NOBODY KNOWS YOU DID IT. OTHERWISE, PEOPLE MIGHT THINK YOU'RE SOME KINDA DUMBASS ARTY DUDE.



TV

SOME DUMBASS SAID TV WAS ART, BUT THAT'S A BUNCH OF CRAP.

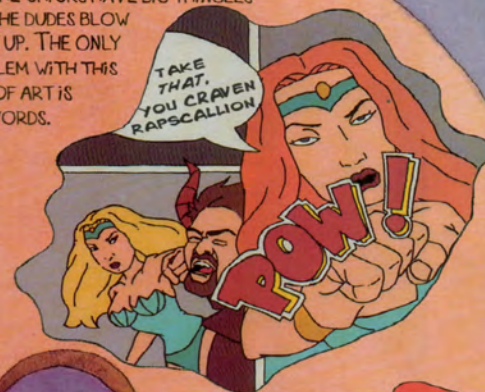


MY ART

SINCE MOST ART SUCKS, SOMETIMES YOU JUST GOTTA MAKE YOUR OWN. BESIDES, CHICKS LOVE COOL ARTISTS LIKE ME THAT CAN CAPTURE THE TRUE ESSENCE THAT IS WOMAN. HUH HUH HUH. BUT OTHER CHICKS LIKE ARTISTS LIKE BEAVIS WHO ARE ALL POOR AND MESSED UP.

COMIC BOOK ART

ALL THE CHICKS HAVE BIG THINGEES AND THE DUDES BLOW STUFF UP. THE ONLY PROBLEM WITH THIS KIND OF ART IS THE WORDS.



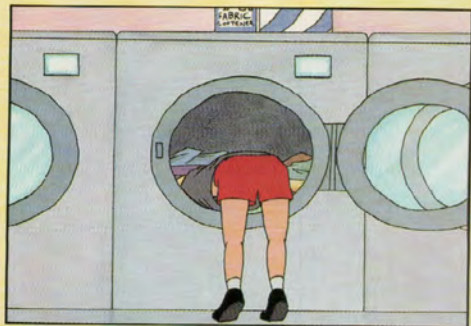
HOW TO GET AHEAD AND MAKE LOTS OF MONEY

IF YOU WANNA GET SOMEWHERE IN LIFE YOU GOTTA HAVE SOME CASH TO LIKE, PAY FOR THE BUS. BUT BEFORE YOU CAN MAKE MONEY, YOU GOTTA KNOW WHAT YOU'RE DOING. YOU KNOW, LIKE, BUY LOW AND UH, SELL WHEN YOU'RE HIGH. CHECK OUT THESE OTHER MONEY-MAKING TIPS:



DRESS FOR SUCCESS

PEOPLE WON'T GIVE YOU MONEY UNLESS YOU LOOK LIKE YOU ALREADY HAVE A LOT OR YOU HAVE, LIKE, NONE.



MONEY LAUNDERING

A LOT OF PEOPLE LAUNDER MONEY, SO IF YOU GOT TO THE LAUNDROMAT YOU CAN USUALLY FIND SOME CHANGE AT THE BOTTOM OF THE WASHING MACHINE.



GET A RAISE

SO YOU CAN LIKE, GET AHEAD AND GET OFF AT THE SAME TIME. HUH HUH.



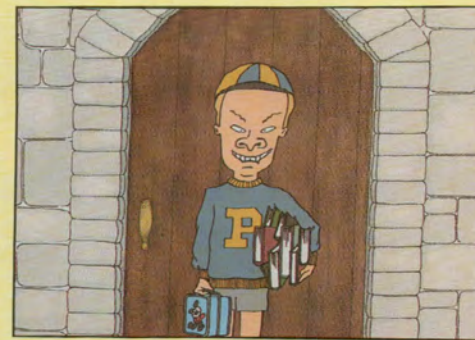
HIRE ILLEGAL IMMIGRANTS

THEY'RE CHEAP. AND LIKE, WHATEVER YOU HAVE TO DO, YOU CAN TELL THEM TO DO IT FOR YOU.



GET WORKER'S CONSTIPATION

IF YOU GET HURT ON THE JOB YOU CAN GET WORKER'S CONSTIPATION. YOU GET TO STAY HOME FROM WORK AND STILL GET PAID. BUT TO GET THE CONSTIPATION, YOU GOTTA PROVE IT REALLY HURTS.



GO TO COLLEGE

IF YOU WANT TO GET DOWN TO BUSINESS, IF YOU KNOW WHAT I MEAN, YOU NEED TO LIKE, GO TO COLLEGE. CUZ ALL THE CHICKS THERE WANT TO DO IT.



LEARN TO USE A COMPUTER

THEN YOU CAN GET A JOB WHERE YOU SPEND THE WHOLE DAY DOWNLOADING NAKED PICTURES OF ALYSSA MILANO FROM THE NET.

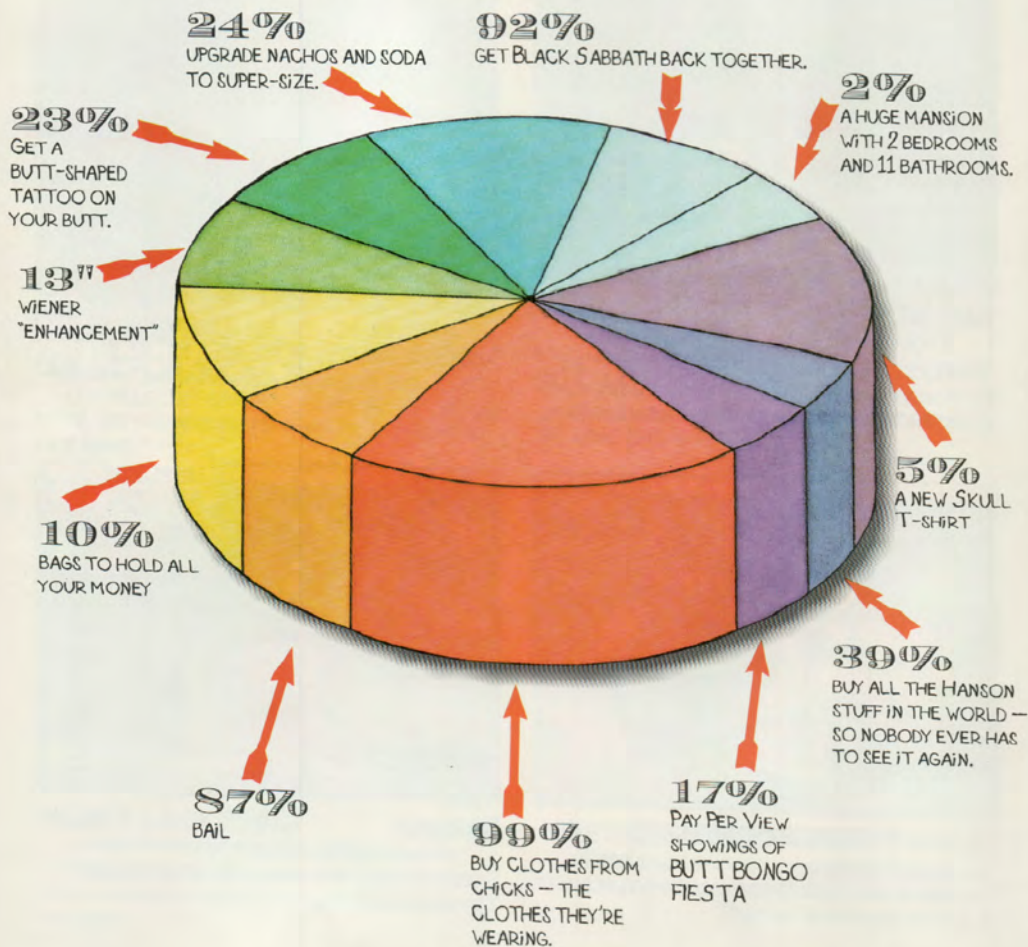


BARGAIN

WHEN SOMEONE ORDERS SOMETHING THAT'S LIKE 5 DOLLARS, TELL THEM IT'S LIKE 3 DOLLARS. YOU KEEP THE CHANGE.

MONEY MAKES LIFE BETTER

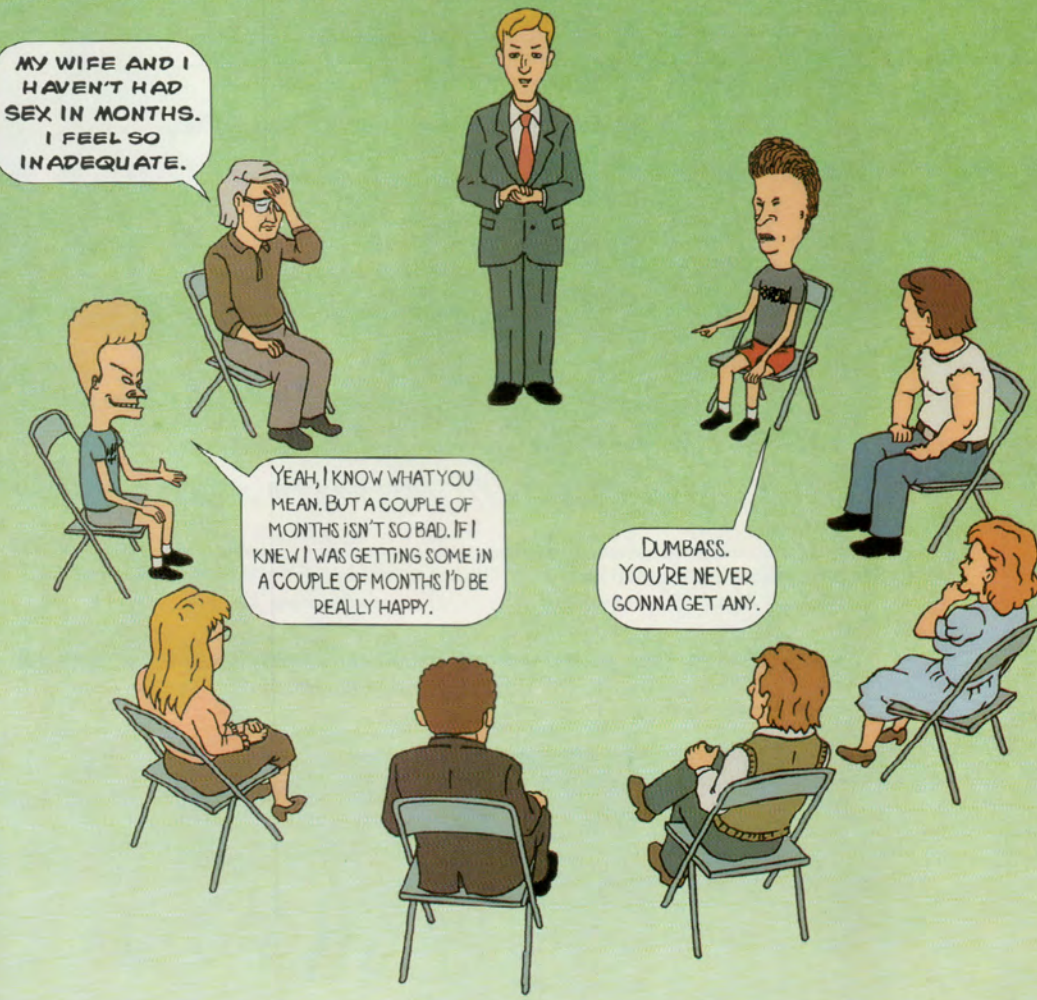
NOW THAT YOU'VE GOT LOTS OF CASH, WHAT ARE YOU GONNA DO?
SPEND IT, DUMBASS! HERE'S HOW TO DIVIDE IT UP:



GROPE THERAPY

THERE WAS THIS TIME THE SCHOOL COUNSELOR SENT ME AND BEAVIS TO THIS THING CALLED GROPE THERAPY. IT SOUNDED PRETTY COOL. YOU KNOW, A BUNCH A COOL PEOPLE MAKIN' EACH OTHER FEEL BETTER, BY YOU KNOW, FEELIN' EACH OTHER UP.

BUT WHEN WE GOT THERE, IT SUCKED. IT WAS JUST A BUNCH A FARTKNOCKERS SITTIN' AROUND TALKIN' ABOUT THEIR PROBLEMS. IT WAS KINDA LIKE JERRY SPRINGER EXCEPT NOBODY HIT EACH OTHER.



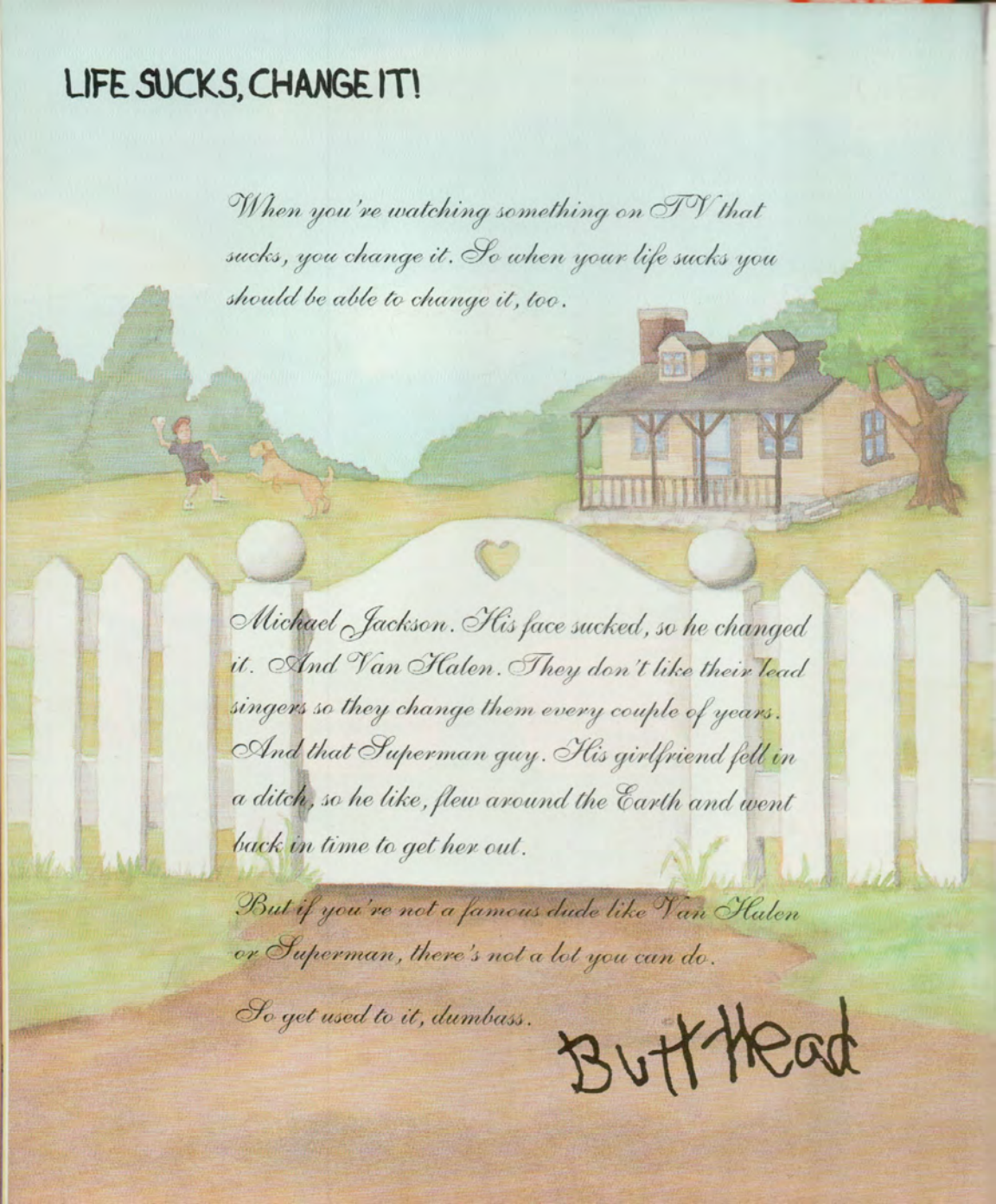
MY WIFE AND I
HAVEN'T HAD
SEX IN MONTHS.
I FEEL SO
INADEQUATE.

YEAH, I KNOW WHAT YOU
MEAN. BUT A COUPLE OF
MONTHS ISN'T SO BAD. IF I
KNEW I WAS GETTING SOME IN
A COUPLE OF MONTHS I'D BE
REALLY HAPPY.

DUMBASS.
YOU'RE NEVER
GONNA GET ANY.

LIFE SUCKS, CHANGE IT!

When you're watching something on TV that sucks, you change it. So when your life sucks you should be able to change it, too.



Michael Jackson. His face sucked, so he changed it. And Van Halen. They don't like their lead singers so they change them every couple of years. And that Superman guy. His girlfriend fell in a ditch, so he like, flew around the Earth and went back in time to get her out.

But if you're not a famous dude like Van Halen or Superman, there's not a lot you can do.

So get used to it, dumbass.

Butt Head

THOUGHT QUESTIONS

If you've read the whole book, then you should be like, a better person or something by now. Here's some questions to see if you know what you've learned from this book.

1. How can I live in a world full of dumbasses without becoming a fartknocker?
2. How can I get in touch with myself if people keep telling me to put my pants back on?
3. What are my priorities? And like, what the hell are priorities?
4. Can I find happiness if everything sucks?
5. How can I feel better about myself if I'm not old enough to drink?
6. When I get older, will I get some?
7. How can I get out of an abusive situation if Butt-Head has me in a headlock?
8. Is it better to make a lot of money, drive a fast car and do a lot of chicks, or be some kinda dumbass who does stuff for other people?
9. How can I make a change in my life if the batteries in the remote control are dead?
10. If I'm okay and you're okay, then who the hell is buying all these self-help books?

Now that you've read this book,
you officially masturbate from the
Beavis and Butt-Head school of self-help.
Rip out this diploma and like, staple it to your wall.

I am Not a Fartknocker Self-help Diploma

Let it be known that on this day _____ that
your name (date)

(your name)

has suck-sessfully completed reading

Chicken Soup For The Butt

I am no longer the fartknocker I once was.
I promise to go out into the world and live life like
Beavis and Butt-Head taught me,

heh heh. huh huh. E Pluribus Butt-munch.

your name

(your name)

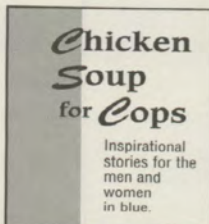
Beavis and Butt-Head

(Beavis and Butt-Head)



Other Suggested Self-Help Reading

If you liked this self-help book, check out some of the other Beavis and Butt-Head self-help titles:



Chicken Soup for The Chicks

(\$12.99)

Inspirational stories for the chicks.

Chicken Soup for Cops

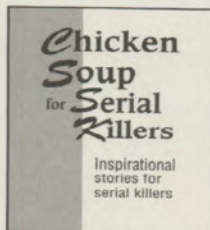
(\$12.99)

Inspirational stories for the men and women in blue.

Chicken Soup for Serial Killers

(\$12.99)

Inspirational stories for serial killers.



I'm Okay, Really I'm Okay, Now Get The Hell Away from Me!

(\$25.00)

*Butt-Head's conversation with
the school nurse.*

Zen and The Art of Spanking Your Monkey

(\$0.05)

Look, no hands.



The Road Less Traveled Leads to Stewart's House

(\$7.55)

And why nobody wants to go there.

Everything I Need to Know I Learned from Pay-Per-View TV

(call local cable company for price)

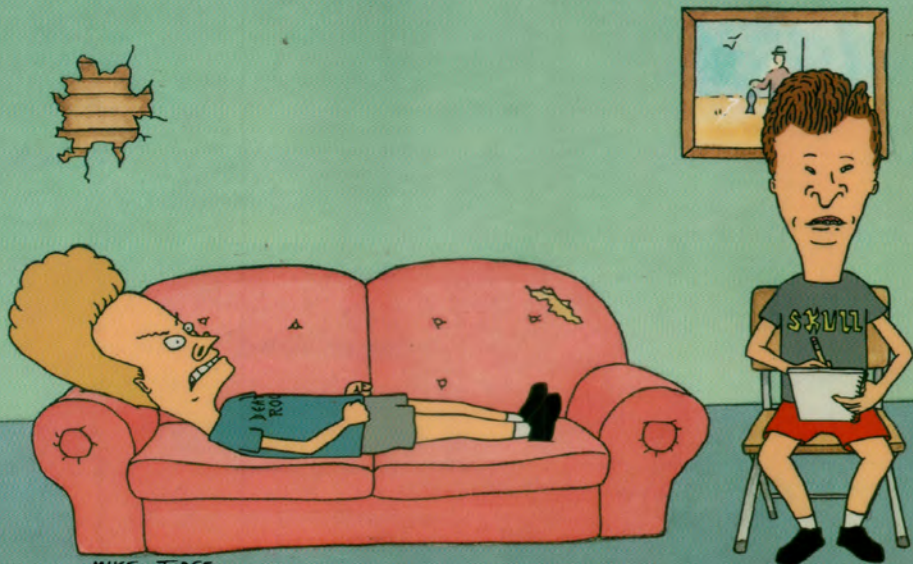
*Extreme Fighting, Bloodmatch,
Death Bowl, Pornocopia.*

LIFE SUCKS, CHANGE IT

HAVE QUESTIONS?

HERE ARE THE ANSWERS YOU'VE BEEN SEARCHING FOR.

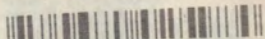
BEAVIS AND BUTT-HEAD TELL YOU ALL THEY KNOW ABOUT HOW TO MAKE MONEY,
GETTING IN TOUCH WITH YOURSELF, ABUSIVE RELATIONSHIPS,
THE DIFFERENCES BETWEEN MEN AND WOMEN, AND HOW NOT TO BE A FARTKNOCKER.
PLUS, INSPIRATIONAL STORIES STRAIGHT FROM THE HEARTS
OF BEAVIS AND BUTT-HEAD.



MIKE JUDGE

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